

2017 Garriock Meet
Duncan, BC - 6/9/2017 to 6/11/2017
Results

Girls 9 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#
Finals					
1	37	Hoffman, Victoria	08 Campbell Riv	10.31	NWI 2
2	338	Liefsoens, Nelle	08 Powell River	10.64	NWI 2
3	29	Gauthier, Karis	08 Campbell Riv	10.65	NWI 2
4	69	Faulkner, Claire	08 Comox Valley	10.82	NWI 2
4	85	Wesner, Maile	08 Comox Valley	10.82	NWI 1
6	327	Nadiger, Cassidy	08 Peninsula TR	10.87	NWI 2
7	217	Iatrides, Mary	08 Nanaimo & DI	11.23	NWI 2
8	285	Groome, Amelia	08 Oceanside TR	11.25	NWI 1
9	343	Williams, Vada	08 Powell River	11.27	NWI 1
10	296	Wickman, Jaycie	08 Oceanside TR	11.64	NWI 2
11	5	Heenan, Ava	08 Alberni Vall	11.75	NWI 2
12	67	Drummond, Kenzie	08 Comox Valley	11.76	NWI 1

Girls 10 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	349	Andulajevic, Molly	07 Unattached B	9.79	NWI 1
2	229	Martiniuk, Ava	07 Nanaimo & DI	9.90	NWI 2
3	163	Wedmann-Kent, Nova	07 Cowichan Val	10.37	NWI 1
4	88	Beaton, Sophia	07 Cowichan Val	10.52	NWI 2
5	112	Douglas, Jaeda	07 Cowichan Val	10.63	NWI 2
6	64	Doty-Brown, Payge	07 Comox Valley	10.75	NWI 1
7	332	Williams, Ella	07 Peninsula TR	10.95	NWI 1
8	295	Wickman, Callie	07 Oceanside TR	11.26	NWI 2
9	89	Blumel, Annette	07 Cowichan Val	11.30	NWI 2
10	61	Underhill, Novalee	07 Campbell Riv	11.39	NWI 1
11	364	Szasz, Kipling	07 Unattached B	11.40	NWI 2
12	130	Lazenby, Danika	07 Cowichan Val	11.88	NWI 1
13	125	Johnston, Tori	07 Cowichan Val	12.13	NWI 2
14	158	Titone, Maëlle	07 Cowichan Val	12.46	NWI 2

Girls 11 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	228	Martin, Haley	06 Nanaimo & DI	9.24	NWI 1
2	242	Paris, Lydia	06 Nanaimo & DI	9.30	NWI 1
3	209	Henderson, Avery	06 Nanaimo & DI	9.35	NWI 2
4	145	Nakonechny, Mila	06 Cowichan Val	9.42	NWI 1
5	193	Cleaver, Emma	06 Nanaimo & DI	9.55	NWI 2
6	360	Lee, Ayaka	06 Unattached B	9.60	NWI 2
7	82	Smits, Quinn	06 Comox Valley	9.95	NWI 1
8	224	Louie, Ella	06 Nanaimo & DI	9.96	NWI 2
9	143	Menzies, Nehayla	06 Cowichan Val	10.01	NWI 1
10	30	Gauthier, Maren	06 Campbell Riv	10.03	NWI 1
11	167	White, Poppy	06 Cowichan Val	10.21	NWI 2
12	337	Liefsoens, Luce	06 Powell River	10.27	NWI 2
13	3	Hall, Victoria	06 Alberni Vall	10.77	NWI 2

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Name	Year	Team	Finals	Wind	H#
1	37	Hoffman, Victoria	08 Campbell Riv	17.27	NWI 1
2	338	Liefsoens, Nelle	08 Powell River	17.70	NWI 2
3	69	Faulkner, Claire	08 Comox Valley	17.94	NWI 2
4	29	Gauthier, Karis	08 Campbell Riv	18.14	NWI 1
5	327	Nadiger, Cassidy	08 Peninsula TR	18.22	NWI 1
6	285	Groome, Amelia	08 Oceanside TR	18.62	NWI 1
7	217	Iatrides, Mary	08 Nanaimo & DI	18.81	NWI 1
8	343	Williams, Vada	08 Powell River	18.82	NWI 1
9	5	Heenan, Ava	08 Alberni Vall	20.05	NWI 2

Girls 10 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	113	Dow, Alexa	07 Cowichan Val	16.32	NWI 3
2	349	Andulajevic, Molly	07 Unattached B	16.58	NWI 2
3	229	Martiniuk, Ava	07 Nanaimo & DI	16.82	NWI 1
4	251	Reid, Vanessa	07 Nanaimo & DI	17.14	NWI 2
5	112	Douglas, Jaeda	07 Cowichan Val	17.30	NWI 1
6	64	Doty-Brown, Payge	07 Comox Valley	17.86	NWI 3
7	332	Williams, Ella	07 Peninsula TR	18.33	NWI 3
8	89	Blumel, Annette	07 Cowichan Val	18.47	NWI 2
9	120	Harold, Isabel	07 Cowichan Val	18.64	NWI 2
10	364	Szasz, Kipling	07 Unattached B	18.78	NWI 1
11	295	Wickman, Callie	07 Oceanside TR	19.00	NWI 3
12	264	Trepke, Miranda	07 Nanaimo & DI	19.02	NWI 2
13	61	Underhill, Novalee	07 Campbell Riv	19.12	NWI 3
14	125	Johnston, Tori	07 Cowichan Val	20.19	NWI 1
15	158	Titone, Maëlle	07 Cowichan Val	20.73	NWI 2

Girls 11 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	228	Martin, Haley	06 Nanaimo & DI	15.39	NWI 3
2	193	Cleaver, Emma	06 Nanaimo & DI	15.68	NWI 1
3	36	Hoffman, Elisabeth	06 Campbell Riv	15.76	NWI 3
4	209	Henderson, Avery	06 Nanaimo & DI	15.77	NWI 3
5	242	Paris, Lydia	06 Nanaimo & DI	15.88	NWI 1
6	145	Nakonechny, Mila	06 Cowichan Val	15.89	NWI 1
7	360	Lee, Ayaka	06 Unattached B	16.07	NWI 3
8	392	Fawkes, Tori	06 Victoria Tra	16.13	NWI 1
9	162	Varga, Amelia	06 Cowichan Val	16.24	NWI 3
10	143	Menzies, Nehayla	06 Cowichan Val	16.49	NWI 2
11	82	Smits, Quinn	06 Comox Valley	16.51	NWI 2
12	224	Louie, Ella	06 Nanaimo & DI	16.83	NWI 3
13	30	Gauthier, Maren	06 Campbell Riv	16.90	NWI 3
14	104	Davidson, Anna	06 Cowichan Val	17.52	NWI 2
15	99	Croasdale, Nell	06 Cowichan Val	17.70	NWI 1
16	10	Savard, Clare	06 Alberni Vall	17.95	NWI 1
17	132	Lenarcic, Katelyn	06 Cowichan Val	18.16	NWI 2
18	337	Liefsoens, Luce	06 Powell River	18.43	NWI 2
19	3	Hall, Victoria	06 Alberni Vall	18.56	NWI 2

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20	270	Vogels, Iona	06 Nanaimo & DI	19.15	NWI	2
21	167	White, Poppy	06 Cowichan Val	19.38	NWI	3

Girls 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	303	Dickinson, Sadie	05 Pacific Athletics	14.40	NWI	2
2	314	Arychuk, Hannah	05 Peninsula TR	15.19	NWI	3
3	188	Blid, Adel	05 Nanaimo & DI	15.33	NWI	2
4	293	Waite, Annika	05 Oceanside TR	15.37	NWI	2
5	56	Simmons, Lacie	05 Campbell Riv	15.40	NWI	1
6	278	Work, Meadow	05 Nanaimo & DI	15.41	NWI	3
7	304	Dodo, Tawana	05 Pacific Athletics	15.56	NWI	2
8	394	Lagan, Camellia	05 Victoria Tra	15.58	NWI	1
9	216	Hyman, Sophie	05 Nanaimo & DI	15.84	NWI	1
10	222	Kirk, Emma	05 Nanaimo & DI	15.94	NWI	1
11	204	Fontaine-Rasaiah,	05 Nanaimo & DI	15.98	NWI	3
12	26	Danielson, Kiana	05 Campbell Riv	16.05	NWI	3
13	240	Okereke, Kanyito	05 Nanaimo & DI	16.17	NWI	1
14	354	Harbo, Maya	05 Unattached B	16.26	NWI	2
15	221	King, Lauren	05 Nanaimo & DI	16.35	NWI	1
16	33	Grafton, Jordyn	05 Campbell Riv	17.12	NWI	2
17	77	Negenman, Paige	05 Comox Valley	17.53	NWI	2
18	21	Brennan, Ushwya	05 Campbell Riv	17.73	NWI	3
19	282	Butterworth, Mikay	05 Oceanside TR	18.86	NWI	1

Girls 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	80	Porcher, Victoria	04 Comox Valley	14.2h	-2.3	1
2	95	Carlson, Emily	04 Cowichan Val	14.28	NWI	3
3	378	Morgan, Mya	04 Victoria Spe	14.38	NWI	3
4	57	Skuse, Tyza	04 Campbell Riv	14.4h	-2.3	1
5	374	Francis-Kuhn, Emma	04 Victoria Spe	14.92	NWI	3
6	140	McKay, Natalie	04 Cowichan Val	15.22	NWI	3
7	269	Vogels, Danika	04 Nanaimo & DI	15.4h	-2.3	1
8	103	Davidson, Ainsley	04 Cowichan Val	15.42	NWI	2
9	31	Glen, Sarina	04 Campbell Riv	15.55	NWI	2
10	2	Hall, Isabella	04 Alberni Vall	15.58	NWI	3
11	196	Currell, Brooklynn	04 Nanaimo & DI	15.6h	-2.3	1
12	358	Kunz, Aliza	04 Unattached B	16.80	NWI	2
13	52	Paradis, Sara	04 Campbell Riv	18.4h	-2.3	1

Girls 14-15 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	12	Desvaux, Juliette	02 Ballenas Secondary	13.58	-2.4	3
2	334	Baron, Samantha	02 Powell River	13.69	-1.0	2
3	187	Bannister, Katia	03 Nanaimo & DI	13.84	-4.0	1
4	166	Werner, Aisha	03 Cowichan Val	14.02	-2.4	3
5	371	Blecha, Charlotte	03 Victoria Spe	14.09	-2.4	3
6	309	Krusekopf, Louisa	03 Pacific Athletics	14.10	-2.4	3

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7	128	Lauzon, Jayda	03	Cowichan Val	14.27	-4.0	1
8	147	Nijjar, Naveen	02	Cowichan Val	14.50	-1.0	2
9	189	Bollinger, Jamie	03	Nanaimo & DI	14.63	-4.0	1
10	45	Milne, Emily	03	Campbell Riv	14.89	-2.4	3
11	312	Lyman, Katie	02	Pacific Athletics	14.91	-1.0	2
12	60	Underhill, Abigayl	03	Campbell Riv	14.93	-1.0	2
13	32	Grafton, Jessica	03	Campbell Riv	14.95	-2.4	3
14	380	O'Neill, Cassie	03	Victoria Spe	15.04	-4.0	1
15	383	Peterson, Julia	03	Victoria Spe	15.18	-1.0	2
16	16	Waite, Joanna	02	Ballenas Secondary	15.28	-4.0	1
17	44	McCulloch, Ella	03	Campbell Riv	15.36	-2.4	3
18	18	Barton, Faith	03	Campbell Riv	15.45	-1.0	2
19	94	Carlin, Maeve	03	Cowichan Val	15.51	-4.0	1
20	152	Richards, Sarah	02	Cowichan Val	15.54	-4.0	1
21	136	Martin, Gina	03	Cowichan Val	15.98	-1.0	2
22	336	Dimond, Elly	03	Powell River	16.19	-1.0	2

Girls 11 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	228	Martin, Haley	06	Nanaimo & DI	30.82	NWI	2
2	209	Henderson, Avery	06	Nanaimo & DI	31.03	NWI	3
3	145	Nakonechny, Mila	06	Cowichan Val	31.30	NWI	3
4	242	Paris, Lydia	06	Nanaimo & DI	31.89	NWI	2
5	162	Varga, Amelia	06	Cowichan Val	32.45	NWI	3
6	193	Cleaver, Emma	06	Nanaimo & DI	32.58	NWI	2
7	238	Myint, Katelyn	06	Nanaimo & DI	32.72	NWI	3
8	82	Smits, Quinn	06	Comox Valley	33.02	NWI	2
8	36	Hoffman, Elisabeth	06	Campbell Riv	33.02	NWI	3
10	99	Croasdale, Neil	06	Cowichan Val	34.07	NWI	2
11	143	Menzies, Nehayla	06	Cowichan Val	34.65	NWI	1
12	337	Liefsoens, Luce	06	Powell River	35.76	NWI	3
12	30	Gauthier, Maren	06	Campbell Riv	35.76	NWI	3
14	225	Lundman, Annika	06	Nanaimo & DI	36.95	NWI	2
15	167	White, Poppy	06	Cowichan Val	37.86	NWI	2
16	194	Croome, Natalie	06	Nanaimo & DI	38.40	NWI	1
17	3	Hall, Victoria	06	Alberni Vall	38.69	NWI	1
18	270	Vogels, Iona	06	Nanaimo & DI	38.94	NWI	3

Girls 12 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	303	Dickinson, Sadie	05	Pacific Athletics	29.75	NWI	3
2	314	Arychuk, Hannah	05	Peninsula TR	30.56	NWI	2
3	293	Waite, Annika	05	Oceanside TR	30.62	NWI	3
4	188	Blid, Adel	05	Nanaimo & DI	31.02	NWI	3
5	275	Wear, Sebryn	05	Nanaimo & DI	31.14	NWI	3
6	278	Work, Meadow	05	Nanaimo & DI	31.58	NWI	2
7	56	Simmons, Lacie	05	Campbell Riv	32.00	NWI	1
8	26	Danielson, Kiana	05	Campbell Riv	32.34	NWI	1
9	204	Fontaine-Rasaiah,	05	Nanaimo & DI	32.82	NWI	2
10	142	McQueen, Sasha	05	Cowichan Val	32.83	NWI	2
11	221	King, Lauren	05	Nanaimo & DI	33.81	NWI	2

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12	354 Harbo, Maya	05 Unattached B	33.88	NWI	3
13	266 Vannini, Autumn	05 Nanaimo & DI	34.10	NWI	2
14	84 Wesner, Avery	05 Comox Valley	34.59	NWI	3
15	33 Grafton, Jordyn	05 Campbell Riv	35.15	NWI	3
16	77 Negenman, Paige	05 Comox Valley	35.38	NWI	2
17	297 Wickman, Rylie	05 Oceanside TR	37.56	NWI	1
18	246 Paugh, Makenna	05 Nanaimo & DI	39.27	NWI	2
19	282 Butterworth, Mikay	05 Oceanside TR	40.61	NWI	1

Girls 13 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#	
1	129 Lazenby, Alexandra	04 Cowichan Val	29.28	NWI	1
2	374 Francis-Kuhn, Emma	04 Victoria Spe	29.72	NWI	2
3	80 Porcher, Victoria	04 Comox Valley	29.96	NWI	1
4	323 Lal, Jessica	04 Peninsula TR	30.14	NWI	2
5	72 Mohtadi, Jasmine	04 Comox Valley	30.36	NWI	2
6	140 McKay, Natalie	04 Cowichan Val	30.83	NWI	2
7	57 Skuse, Tyza	04 Campbell Riv	31.15	NWI	2
8	196 Currell, Brooklynn	04 Nanaimo & DI	32.26	NWI	1
9	254 Rossnagel, Bailey	04 Nanaimo & DI	32.45	NWI	1
10	2 Hall, Isabella	04 Alberni Vall	32.63	NWI	1
11	9 Orchard, Linden	04 Alberni Vall	32.68	NWI	2
12	43 Loock, Savannah	04 Campbell Riv	33.20	NWI	2
13	358 Kunz, Aliza	04 Unattached B	33.94	NWI	1

Girls 14-15 200 Meter Dash

Name	Year Team	Finals	Wind	H#	
1	187 Bannister, Katia	03 Nanaimo & DI	27.35	NWI	1
2	128 Lauzon, Jayda	03 Cowichan Val	28.24	NWI	1
3	245 Paugh, Madison	03 Nanaimo & DI	29.13	NWI	1
4	32 Grafton, Jessica	03 Campbell Riv	29.26	NWI	2
5	189 Bollinger, Jamie	03 Nanaimo & DI	29.63	NWI	1
6	45 Milne, Emily	03 Campbell Riv	29.71	NWI	2
7	147 Nijjar, Naveen	02 Cowichan Val	30.06	NWI	2
8	371 Blecha, Charlotte	03 Victoria Spe	30.36	NWI	2
9	383 Peterson, Julia	03 Victoria Spe	30.55	NWI	2
10	60 Underhill, Abigayl	03 Campbell Riv	30.67	NWI	1
11	233 Mitchell, Makayla	02 Nanaimo & DI	30.84	NWI	1
12	102 Dailey, Victoria	03 Cowichan Val	33.37	NWI	2

Girls 12 Year Olds 300 Meter Dash

Name	Year Team	Finals	
1	303 Dickinson, Sadie	05 Pacific Athletics	47.47
2	293 Waite, Annika	05 Oceanside TR	49.28
3	188 Blid, Adel	05 Nanaimo & DI	49.99
4	216 Hyman, Sophie	05 Nanaimo & DI	52.53
5	26 Danielson, Kiana	05 Campbell Riv	52.78
6	395 Mesman, Chelsea	05 Victoria Tra	56.14
7	297 Wickman, Rylie	05 Oceanside TR	1:00.57

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Name	Year	Team	Finals
1 129 Lazenby, Alexandra	04	Cowichan Val	47.01
2 80 Porcher, Victoria	04	Comox Valley	49.42
3 374 Francis-Kuhn, Emma	04	Victoria Spe	50.89
4 254 Rossnagel, Bailey	04	Nanaimo & DI	51.62
5 31 Glen, Sarina	04	Campbell Riv	52.83
6 196 Currell, Brooklynn	04	Nanaimo & DI	1:32.64

Girls 14-15 300 Meter Dash

Name	Year	Team	Finals	H#
1 12 Desvaux, Juliette	02	Ballenas Secondary	44.24	2
2 309 Krusekopf, Louisa	03	Pacific Athletics	46.37	1
3 371 Blecha, Charlotte	03	Victoria Spe	47.48	2
4 191 Cameron, Kate	03	Nanaimo & DI	48.00	2
5 383 Peterson, Julia	03	Victoria Spe	48.54	1
6 233 Mitchell, Makayla	02	Nanaimo & DI	49.20	1
7 60 Underhill, Abigayl	03	Campbell Riv	50.02	1
8 189 Bollinger, Jamie	03	Nanaimo & DI	50.40	1

Girls 9 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 338 Liefsoens, Nelle	08	Powell River	2:14.45
2 85 Wesner, Maile	08	Comox Valley	2:17.97
3 5 Heenan, Ava	08	Alberni Vall	2:36.43
4 285 Groome, Amelia	08	Oceanside TR	2:39.32
5 296 Wickman, Jaycie	08	Oceanside TR	2:39.71
6 69 Faulkner, Claire	08	Comox Valley	2:40.64

Girls 10 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 113 Dow, Alexa	07	Cowichan Val	1:51.21
2 349 Andulajevic, Molly	07	Unattached B	2:14.45
3 295 Wickman, Callie	07	Oceanside TR	2:30.48
4 64 Doty-Brown, Payge	07	Comox Valley	2:30.97
5 89 Blumel, Annette	07	Cowichan Val	2:35.15
6 39 Jones, Norah	07	Campbell Riv	2:40.97
7 158 Titone, Maëlle	07	Cowichan Val	2:48.58

Girls 11 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 209 Henderson, Avery	06	Nanaimo & DI	1:57.45
2 238 Myint, Katelyn	06	Nanaimo & DI	2:01.94
3 242 Paris, Lydia	06	Nanaimo & DI	2:02.42
3 82 Smits, Quinn	06	Comox Valley	2:02.42
5 249 Putz, Katelyn	06	Nanaimo & DI	2:03.24
6 132 Lenarcic, Katelyn	06	Cowichan Val	2:06.65

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7	99 Croasdale, Nell	06 Cowichan Val	2:08.45
8	36 Hoffman, Elisabeth	06 Campbell Riv	2:15.20
9	225 Lundman, Annika	06 Nanaimo & DI	2:19.19
10	337 Liefsoens, Luce	06 Powell River	2:20.30

Girls 12 Year Olds 800 Meter Run

Name	Year Team	Finals
1 293 Waite, Annika	05 Oceanside TR	2:43.53
2 394 Lagan, Camellia	05 Victoria Tra	2:44.44
3 353 Hallquist, Lily	05 Unattached B	2:49.26
4 303 Dickinson, Sadie	05 Pacific Athletics	2:50.96
5 26 Danielson, Kiana	05 Campbell Riv	2:51.50
6 142 McQueen, Sasha	05 Cowichan Val	3:04.87
7 297 Wickman, Rylie	05 Oceanside TR	3:05.19
8 266 Vannini, Autumn	05 Nanaimo & DI	3:09.59

Girls 13 Year Olds 800 Meter Run

Name	Year Team	Finals
1 254 Rossnagel, Bailey	04 Nanaimo & DI	2:45.01
2 357 Hunt, Emily	04 Unattached B	2:46.89
3 311 Lucas, Olivia	04 Pacific Athletics	2:48.17
4 230 Menard, Carys	04 Nanaimo & DI	2:53.13
5 43 Loock, Savannah	04 Campbell Riv	2:54.98
6 57 Skuse, Tyza	04 Campbell Riv	3:03.94
7 358 Kunz, Aliza	04 Unattached B	3:10.70
8 90 Blumel, Margo	04 Cowichan Val	3:14.53

Girls 14-15 800 Meter Run

Name	Year Team	Finals
1 96 Castle, Jessica	02 Cowichan Val	2:28.83
2 178 Friesen, Emily	02 Mid Island Distance	2:31.53
3 191 Cameron, Kate	03 Nanaimo & DI	2:38.87
4 175 Bell, Shelby	03 Mid Island Distance	2:42.96
5 94 Carlin, Maeve	03 Cowichan Val	2:48.69
6 18 Barton, Faith	03 Campbell Riv	2:50.00
7 128 Lauzon, Jayda	03 Cowichan Val	2:56.23
8 32 Grafton, Jessica	03 Campbell Riv	2:57.48

Girls 9 1000 Meter Run

Name	Year Team	Finals
1 338 Liefsoens, Nelle	08 Powell River	4:01.49
2 5 Heenan, Ava	08 Alberni Vall	4:40.81

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Girls 10 1000 Meter Run

Name	Year	Team	Finals	H#
1 113 Dow, Alexa	07	Cowichan Val	3:25.49	1
2 1 Allatt-Miles, Lail	07	Alberni Vall	3:58.07	1
3 251 Reid, Vanessa	07	Nanaimo & DI	4:06.61	2
4 64 Doty-Brown, Payge	07	Comox Valley	4:22.90	1
5 295 Wickman, Callie	07	Oceanside TR	4:24.43	1
6 89 Blumel, Annette	07	Cowichan Val	4:36.99	1
7 158 Titone, Maëlle	07	Cowichan Val	5:04.23	1

Girls 11 1000 Meter Run

Name	Year	Team	Finals	H#
1 209 Henderson, Avery	06	Nanaimo & DI	3:38.51	2
2 289 Morse, Zoe	06	Oceanside TR	3:41.95	2
3 249 Putz, Katelyn	06	Nanaimo & DI	3:45.36	2
4 238 Myint, Katelyn	06	Nanaimo & DI	3:46.50	2
5 82 Smits, Quinn	06	Comox Valley	3:47.22	2
6 99 Croasdale, Nell	06	Cowichan Val	3:48.78	2
7 392 Fawkes, Tori	06	Victoria Tra	4:07.56	2
8 225 Lundman, Annika	06	Nanaimo & DI	4:07.93	2
9 194 Croome, Natalie	06	Nanaimo & DI	4:13.82	2
10 335 Brander, Erin	06	Powell River	4:14.61	2
11 260 Swanson, Brynn	06	Nanaimo & DI	4:17.00	2
12 337 Liefsoens, Luce	06	Powell River	4:20.64	2

Girls 12 1200 Meter Run

Name	Year	Team	Finals
1 293 Waite, Annika	05	Oceanside TR	4:13.49
2 317 Hilton, Adrianna	05	Peninsula TR	4:16.93
3 353 Hallquist, Lily	05	Unattached B	4:24.13
4 142 McQueen, Sasha	05	Cowichan Val	4:49.23
5 297 Wickman, Rylie	05	Oceanside TR	4:59.64
6 257 St Luke, Taylor	05	Nanaimo & DI	5:09.36

Girls 13 1200 Meter Run

Name	Year	Team	Finals
1 357 Hunt, Emily	04	Unattached B	4:19.89
2 43 Loock, Savannah	04	Campbell Riv	4:35.43
3 311 Lucas, Olivia	04	Pacific Athletics	4:35.79
4 31 Glen, Sarina	04	Campbell Riv	4:48.43
5 90 Blumel, Margo	04	Cowichan Val	4:52.96
6 63 Bridges, Charley	04	Comox Valley	5:00.51

Girls 14-15 1200 Meter Run

Name	Year	Team	Finals
1 96 Castle, Jessica	02	Cowichan Val	4:03.01
2 191 Cameron, Kate	03	Nanaimo & DI	4:09.31

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....Girls 14-15 1200 Meter Run

3	175 Bell, Shelby	03 Mid Island Distance	4:20.03
4	341 Vanderkemp, Brookl	03 Powell River	4:44.08
5	172 Woodruff, Brielle	03 Cowichan Val	4:49.51
6	16 Waite, Joanna	02 Ballenas Secondary	4:52.12

Girls 13 Year Olds 2000 Meter Run

Name	Year Team	Finals
1 357 Hunt, Emily	04 Unattached B	7:50.62

Girls 14-15 2000 Meter Run

Name	Year Team	Finals
1 226 Lundman, Olivia	03 Nanaimo & DI	7:45.03

Girls 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year Team	Finals	Wind
1 37 Hoffman, Victoria	08 Campbell Riv	12.06	NWI
2 29 Gauthier, Karis	08 Campbell Riv	12.20	NWI
3 285 Groome, Amelia	08 Oceanside TR	12.94	NWI
4 338 Liefsoens, Nelle	08 Powell River	13.20	NWI
5 69 Faulkner, Claire	08 Comox Valley	13.36	NWI
6 343 Williams, Vada	08 Powell River	13.92	NWI
7 327 Nadiger, Cassidy	08 Peninsula TR	14.66	NWI
8 5 Heenan, Ava	08 Alberni Vall	15.00	NWI

Girls 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year Team	Finals	Wind	H#
1 229 Martiniuk, Ava	07 Nanaimo & DI	12.96	NWI	2
2 64 Doty-Brown, Payge	07 Comox Valley	13.04	NWI	1
3 88 Beaton, Sophia	07 Cowichan Val	13.56	NWI	2
4 332 Williams, Ella	07 Peninsula TR	13.89	NWI	2
5 112 Douglas, Jaeda	07 Cowichan Val	13.95	NWI	2
6 89 Blumel, Annette	07 Cowichan Val	14.21	NWI	1
7 295 Wickman, Callie	07 Oceanside TR	14.25	NWI	1
8 163 Wedmann-Kent, Nova	07 Cowichan Val	14.52	NWI	1
9 158 Titone, Maëlle	07 Cowichan Val	14.73	NWI	1
10 39 Jones, Norah	07 Campbell Riv	15.32	NWI	2

Girls 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year Team	Finals	Wind	H#
1 228 Martin, Haley	06 Nanaimo & DI	10.92	NWI	2
2 242 Paris, Lydia	06 Nanaimo & DI	10.98	NWI	2
3 209 Henderson, Avery	06 Nanaimo & DI	11.92	NWI	3
4 30 Gauthier, Maren	06 Campbell Riv	12.59	NWI	3
5 162 Varga, Amelia	06 Cowichan Val	12.73	NWI	3
6 3 Hall, Victoria	06 Alberni Vall	12.81	NWI	1

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....Girls 11 Year Olds 60 Meter Hurdles 6 x 24"

7	143	Menzies, Nehayla	06	Cowichan Val	12.83	NWI	2
8	104	Davidson, Anna	06	Cowichan Val	12.95	NWI	3
9	82	Smits, Quinn	06	Comox Valley	13.26	NWI	3
10	337	Liefsoens, Luce	06	Powell River	13.33	NWI	1
11	289	Morse, Zoe	06	Oceanside TR	13.35	NWI	1
12	99	Croasdale, Nell	06	Cowichan Val	13.66	NWI	1
13	10	Savard, Clare	06	Alberni Vall	13.73	NWI	1
14	132	Lenarcic, Katelyn	06	Cowichan Val	13.95	NWI	2
15	335	Brander, Erin	06	Powell River	14.56	NWI	2
16	270	Vogels, Iona	06	Nanaimo & DI	14.81	NWI	1
17	194	Croome, Natalie	06	Nanaimo & DI	15.20	NWI	3

Girls 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year	Team	Finals	Wind	H#		
1	222	Kirk, Emma	05	Nanaimo & DI	14.60	NWI	2
2	293	Waite, Annika	05	Oceanside TR	14.74	NWI	1
3	56	Simmons, Lacie	05	Campbell Riv	15.40	NWI	1
4	394	Lagan, Camellia	05	Victoria Tra	15.51	NWI	2
5	33	Grafton, Jordyn	05	Campbell Riv	16.98	NWI	2
6	304	Dodo, Tawana	05	Pacific Athletics	17.70	NWI	1
7	297	Wickman, Rylie	05	Oceanside TR	18.66	NWI	2
8	21	Brennan, Ushwya	05	Campbell Riv	18.68	NWI	2
9	282	Butterworth, Mikay	05	Oceanside TR	24.66	NWI	1

Girls 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind	H#		
1	378	Morgan, Mya	04	Victoria Spe	14.00	NWI	2
2	95	Carlson, Emily	04	Cowichan Val	15.05	NWI	1
3	80	Porcher, Victoria	04	Comox Valley	15.40	NWI	2
4	298	Aveyard, Laurel	04	Pacific Athletics	15.41	NWI	2
5	103	Davidson, Ainsley	04	Cowichan Val	15.49	NWI	1
6	2	Hall, Isabella	04	Alberni Vall	15.67	NWI	2
7	57	Skuse, Tyza	04	Campbell Riv	15.81	NWI	1
8	72	Mohtadi, Jasmine	04	Comox Valley	15.90	NWI	2
9	129	Lazenby, Alexandra	04	Cowichan Val	16.92	NWI	1
10	90	Blumel, Margo	04	Cowichan Val	18.01	NWI	2
11	358	Kunz, Aliza	04	Unattached B	18.68	NWI	1
12	63	Bridges, Charley	04	Comox Valley	20.49	NWI	1
13	52	Paradis, Sara	04	Campbell Riv	22.10	NWI	1

Girls 14-15 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind	H#		
1	334	Baron, Samantha	02	Powell River	13.33	2.6	2
2	341	Vanderkemp, Brookl	03	Powell River	13.73	2.6	2
3	28	Feeney, Tatum	02	Campbell Riv	14.73	NWI	1
4	18	Barton, Faith	03	Campbell Riv	15.53	NWI	1
5	245	Paugh, Madison	03	Nanaimo & DI	15.83	2.6	2
6	152	Richards, Sarah	02	Cowichan Val	16.14	NWI	1
7	151	Richards, Emily	03	Cowichan Val	17.71	2.6	2

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....Girls 14-15 80 Meter Hurdles 8 x 30"

8	136 Martin, Gina	03 Cowichan Val	18.55	NWI	1
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Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year	Team	Finals	Wind	H#
1	394 Lagan, Camellia	05 Victoria Tra	32.34	NWI	2
2	293 Waite, Annika	05 Oceanside TR	32.44	NWI	2
3	56 Simmons, Lacie	05 Campbell Riv	33.00	NWI	1
4	222 Kirk, Emma	05 Nanaimo & DI	33.64	NWI	2
5	275 Wear, Sebryn	05 Nanaimo & DI	34.63	NWI	1
6	84 Wesner, Avery	05 Comox Valley	35.52	NWI	2
7	142 McQueen, Sasha	05 Cowichan Val	35.66	NWI	2
8	395 Mesman, Chelsea	05 Victoria Tra	36.76	NWI	1
9	353 Hallquist, Lily	05 Unattached B	37.12	NWI	2
10	297 Wickman, Rylie	05 Oceanside TR	40.28	NWI	2
11	282 Butterworth, Mikay	05 Oceanside TR	42.34	NWI	1

Girls 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year	Team	Finals	Wind	H#
1	72 Mohtadi, Jasmine	04 Comox Valley	32.00	NWI	1
2	80 Porcher, Victoria	04 Comox Valley	32.48	NWI	2
3	57 Skuse, Tyza	04 Campbell Riv	32.75	NWI	2
4	95 Carlson, Emily	04 Cowichan Val	33.03	NWI	1
5	129 Lazenby, Alexandra	04 Cowichan Val	33.99	NWI	2
6	269 Vogels, Danika	04 Nanaimo & DI	35.19	NWI	2
7	90 Blumel, Margo	04 Cowichan Val	35.27	NWI	2
8	103 Davidson, Ainsley	04 Cowichan Val	35.43	NWI	1
9	358 Kunz, Aliza	04 Unattached B	38.57	NWI	2

Girls 14-15 300 Meter Hurdles 7 x 30"

Name	Year	Team	Finals
1	334 Baron, Samantha	02 Powell River	51.87
2	341 Vanderkemp, Brookl	03 Powell River	51.91

Girls 14 1500 Meter Steeplechase 30" NO WATER

Name	Year	Team	Finals
1	172 Woodruff, Brielle	03 Cowichan Val	6:50.90

Girls 15 1500 Meter Steeplechase 30" NO WATER

Name	Year	Team	Finals
1	96 Castle, Jessica	02 Cowichan Val	5:23.70

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Girls 9 Year Olds High Jump

Name	Year Team	Finals
1 85 Wesner, Maile	08 Comox Valley	1.00m
0.80 0.85 0.90 0.95 1.00 1.05		
O O XO O XO XXX		
2 285 Groome, Amelia	08 Oceanside TR	0.95m
0.80 0.85 0.90 0.95 1.00		
O O O XO XXX		
3 338 Liefsoens, Nelle	08 Powell River	J0.95m
0.80 0.85 0.90 0.95 1.00		
O O O XXO XXX		
4 29 Gauthier, Karis	08 Campbell Riv	0.90m
0.80 0.85 0.90 0.95		
O O O XXX		
5 69 Faulkner, Claire	08 Comox Valley	J0.90m
0.80 0.85 0.90 0.95		
O XXO O XXX		
6 343 Williams, Vada	08 Powell River	0.80m
0.80 0.85		
O XXX		
6 296 Wickman, Jaycie	08 Oceanside TR	0.80m
0.80 0.85		
O XXX		

Girls 10 Year Olds High Jump

Name	Year Team	Finals
1 229 Martiniuk, Ava	07 Nanaimo & DI	1.10m
0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15		
P P P P O O O XXX		
2 88 Beaton, Sophia	07 Cowichan Val	1.05m
0.80 0.85 0.90 0.95 1.00 1.05 1.10		
P P P O O XO XXX		
3 295 Wickman, Callie	07 Oceanside TR	0.95m
0.80 0.85 0.90 0.95 1.00		
P P XO XO XXX		
4 113 Dow, Alexa	07 Cowichan Val	0.90m
0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15		
P P O XP P P P XX		
4 130 Lazenby, Danika	07 Cowichan Val	0.90m
0.80 0.85 0.90 0.95		
P P XO XXX		
4 89 Blumel, Annette	07 Cowichan Val	0.90m
0.80 0.85 0.90 0.95		
P P O XXX		
7 39 Jones, Norah	07 Campbell Riv	0.80m
0.80 0.85		
O XXX		

Girls 11 Year Olds High Jump

Name	Year Team	Finals
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**2017 Garriock Meet
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....Girls 11 Year Olds High Jump

1	162 Varga, Amelia	06 Cowichan Val	1.25m
	0.95 1.00 1.05 1.10 1.15 1.20 1.25		
	P P O O XO O XXO		
2	193 Cleaver, Emma	06 Nanaimo & DI	1.20m
	0.95 1.00 1.05 1.10 1.15 1.20 1.25		
	P O XO XO O O XXX		
2	242 Paris, Lydia	06 Nanaimo & DI	1.20m
	0.95 1.00 1.05 1.10 1.15 1.20 1.25		
	P P O XO XO O XXX		
4	249 Putz, Katelyn	06 Nanaimo & DI	1.15m
	0.95 1.00 1.05 1.10 1.15 1.20		
	P P O XO XXO XXX		
5	360 Lee, Ayaka	06 Unattached B	1.10m
	0.95 1.00 1.05 1.10 1.15		
	O O O XXO XXX		
6	82 Smits, Quinn	06 Comox Valley	1.05m
	0.95 1.00 1.05 1.10		
	P P XO XXX		
7	167 White, Poppy	06 Cowichan Val	J1.05m
	0.95 1.00 1.05 1.10		
	P O XXO XXX		
8	225 Lundman, Annika	06 Nanaimo & DI	1.00m
	0.95 1.00 1.05		
	P XO XXX		
8	124 Iverson, Esme	06 Cowichan Val	1.00m
	0.95 1.00 1.05		
	P XO XXX		

Girls 12 Year Olds High Jump

Name	Year Team	Finals
1 293 Waite, Annika	05 Oceanside TR	1.25m
1.05 1.10 1.15 1.20 1.25 1.30		
P O O O XO XXX		
2 142 McQueen, Sasha	05 Cowichan Val	1.20m
1.05 1.10 1.15 1.20 1.25		
O O XO O XXX		
3 395 Mesman, Chelsea	05 Victoria Tra	J1.20m
1.05 1.10 1.15 1.20 1.25		
O O O XO XXX		
4 317 Hilton, Adrianna	05 Peninsula TR	J1.20m
1.05 1.10 1.15 1.20 1.25		
P XO XXO XO XXX		
5 222 Kirk, Emma	05 Nanaimo & DI	J1.20m
1.05 1.10 1.15 1.20 1.25		
O O O XXO XXX		
6 84 Wesner, Avery	05 Comox Valley	1.10m
1.05 1.10 1.15		
O O XXX		
7 282 Butterworth, Mikay	05 Oceanside TR	1.05m
1.05 1.10		
XXO XXX		

**2017 Garriock Meet
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Girls 13 Year Olds High Jump

Name	Year Team	Finals
1 140 McKay, Natalie	04 Cowichan Val	1.30m
1.05 1.10 1.15 1.20 1.25 1.30 1.35		
O O XO XO O XO XXX		
2 298 Aveyard, Laurel	04 Pacific Athletics	1.25m
1.05 1.10 1.15 1.20 1.25 1.30		
O O O O O XXX		
3 57 Skuse, Tyza	04 Campbell Riv	1.20m
1.05 1.10 1.15 1.20 1.25		
O O O O XXX		
4 72 Mohtadi, Jasmine	04 Comox Valley	1.15m
1.05 1.10 1.15 1.20		
O O O XXX		
4 80 Porcher, Victoria	04 Comox Valley	1.15m
1.05 1.10 1.15 1.20		
O O O XXX		
4 254 Rossnagel, Bailey	04 Nanaimo & DI	1.15m
1.05 1.10 1.15 1.20		
O O O XXX		

Girls 14-15 High Jump

Name	Year Team	Finals
1 128 Lauzon, Jayda	03 Cowichan Val	1.45m
1.20 1.25 1.30 1.35 1.40 1.45 1.50		
P O O XO O XO XXX		
2 28 Feeney, Tatum	02 Campbell Riv	1.40m
1.20 1.25 1.30 1.35 1.40 1.45		
P P P O O XXX		
3 334 Baron, Samantha	02 Powell River	J1.40m
1.20 1.25 1.30 1.35 1.40 1.45		
P O O XO O XXX		
4 136 Martin, Gina	03 Cowichan Val	1.35m
1.20 1.25 1.30 1.35 1.40		
O O O XO XXX		
4 226 Lundman, Olivia	03 Nanaimo & DI	1.35m
1.20 1.25 1.30 1.35 1.40		
O O O XO XXX		
6 96 Castle, Jessica	02 Cowichan Val	J1.35m
1.20 1.25 1.30 1.35 1.40		
P O XO XO XXX		
7 18 Barton, Faith	03 Campbell Riv	1.30m
1.20 1.25 1.30 1.35		
O O O XXX		
8 172 Woodruff, Brielle	03 Cowichan Val	1.20m
1.20 1.25		
XO XXX		

Girls 9 Year Olds Long Jump

Name	Year Team	Finals	Wind
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**2017 Garriock Meet
Duncan, BC - 6/9/2017 to 6/11/2017
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....Girls 9 Year Olds Long Jump

1	37 Hoffman, Victoria	08 Campbell Riv	3.14m	NWI
	3.14m(NWI) 3.03m(NWI) 2.75m(NWI)			
2	69 Faulkner, Claire	08 Comox Valley	2.69m	NWI
	2.68m(NWI) 2.41m(NWI) 2.69m(NWI)			
3	338 Liefsoens, Nelle	08 Powell River	2.64m	NWI
	2.48m(NWI) 2.50m(NWI) 2.64m(NWI)			
4	29 Gauthier, Karis	08 Campbell Riv	2.58m	NWI
	2.58m(NWI) FOUL 2.26m(NWI)			
5	327 Nadiger, Cassidy	08 Peninsula TR	2.50m	NWI
	2.43m(NWI) 2.50m(NWI) 2.44m(NWI)			
6	285 Groome, Amelia	08 Oceanside TR	2.44m	NWI
	2.23m(NWI) FOUL 2.44m(NWI)			
7	343 Williams, Vada	08 Powell River	2.34m	NWI
	2.34m(NWI) 2.02m(NWI) 2.20m(NWI)			
8	67 Drummond, Kenzie	08 Comox Valley	1.89m	NWI
	1.22m(NWI) 1.77m(NWI) 1.89m(NWI)			
9	5 Heenan, Ava	08 Alberni Vall	1.79m	NWI
	1.79m(NWI) 1.44m(NWI) 1.69m(NWI)			

Girls 10 Year Olds Long Jump

=====				
	Name	Year Team	Finals	Wind
=====				
1	229 Martiniuk, Ava	07 Nanaimo & DI	3.31m	NWI
	3.08m(NWI) 2.93m(NWI) 3.31m(NWI)			
2	349 Andulajevic, Molly	07 Unattached B	3.27m	NWI
	2.87m(NWI) 3.07m(NWI) 3.27m(NWI)			
3	113 Dow, Alexa	07 Cowichan Val	2.81m	NWI
	2.65m(NWI) 2.75m(NWI) 2.81m(NWI)			
4	364 Szasz, Kipling	07 Unattached B	2.69m	NWI
	2.69m(NWI) 2.57m(NWI) FOUL			
5	295 Wickman, Callie	07 Oceanside TR	2.63m	NWI
	2.63m(NWI) 2.49m(NWI) FOUL			
6	332 Williams, Ella	07 Peninsula TR	2.62m	NWI
	2.62m(NWI) 2.12m(NWI) 2.21m(NWI)			
7	39 Jones, Norah	07 Campbell Riv	2.50m	NWI
	2.19m(NWI) 2.33m(NWI) 2.50m(NWI)			
8	112 Douglas, Jaeda	07 Cowichan Val	2.43m	NWI
	2.36m(NWI) 1.77m(NWI) 2.43m(NWI)			
9	130 Lazenby, Danika	07 Cowichan Val	2.29m	NWI
	2.29m(NWI) 1.57m(NWI) 1.97m(NWI)			
10	158 Titone, Maëlle	07 Cowichan Val	2.18m	NWI
	2.15m(NWI) 1.85m(NWI) 2.18m(NWI)			
11	89 Blumel, Annette	07 Cowichan Val	2.11m	NWI
	2.11m(NWI) 1.99m(NWI) 1.83m(NWI)			
12	264 Trepke, Miranda	07 Nanaimo & DI	2.06m	NWI
	2.06m(NWI) FOUL 2.06m(NWI)			

Girls 11 Year Olds Long Jump

=====				
	Name	Year Team	Finals	Wind
=====				
1	242 Paris, Lydia	06 Nanaimo & DI	3.67m	NWI
	3.67m(NWI) 3.46m(NWI) 3.59m(NWI)			
2	209 Henderson, Avery	06 Nanaimo & DI	3.45m	NWI
	3.45m(NWI) 3.33m(NWI) 3.45m(NWI)			

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....Girls 11 Year Olds Long Jump

3	228 Martin, Haley	06 Nanaimo & DI	3.41m	NWI
	2.93m(NWI) 3.13m(NWI) 3.41m(NWI)			
4	360 Lee, Ayaka	06 Unattached B	3.38m	NWI
	3.38m(NWI) 3.03m(NWI) 3.00m(NWI)			
5	193 Cleaver, Emma	06 Nanaimo & DI	3.33m	NWI
	3.33m(NWI) 2.85m(NWI) 3.06m(NWI)			
6	162 Varga, Amelia	06 Cowichan Val	3.29m	NWI
	3.29m(NWI) 3.20m(NWI) 3.25m(NWI)			
6	392 Fawkes, Tori	06 Victoria Tra	3.29m	NWI
	x x 3.24m(NWI) 3.29m(NWI)			
8	289 Morse, Zoe	06 Oceanside TR	3.10m	NWI
	2.96m(NWI) 3.02m(NWI) 3.10m(NWI)			
9	3 Hall, Victoria	06 Alberni Vall	3.09m	NWI
	3.09m(NWI) 2.87m(NWI) x			
10	224 Louie, Ella	06 Nanaimo & DI	3.01m	NWI
	2.67m(NWI) 3.01m(NWI) 2.60m(NWI)			
11	337 Liefsoens, Luce	06 Powell River	3.00m	NWI
	2.78m(NWI) 3.00m(NWI) 2.84m(NWI)			
12	249 Putz, Katelyn	06 Nanaimo & DI	2.96m	NWI
	2.96m(NWI) 2.69m(NWI)			
13	82 Smits, Quinn	06 Comox Valley	2.84m	NWI
	2.63m(NWI) 2.27m(NWI) 2.84m(NWI)			
14	36 Hoffman, Elisabeth	06 Campbell Riv	2.82m	NWI
	2.82m(NWI) 2.76m(NWI) x			
15	99 Croasdale, Nell	06 Cowichan Val	2.81m	NWI
	2.80m(NWI) 2.61m(NWI) 2.81m(NWI)			
16	238 Myint, Katelyn	06 Nanaimo & DI	2.80m	NWI
	2.80m(NWI) x x			
17	225 Lundman, Annika	06 Nanaimo & DI	2.73m	NWI
	2.73m(NWI) 2.52m(NWI) 2.53m(NWI)			
18	10 Savard, Clare	06 Alberni Vall	2.65m	NWI
	2.56m(NWI) 2.65m(NWI) x			
19	270 Vogels, Iona	06 Nanaimo & DI	2.58m	NWI
	2.40m(NWI) 2.34m(NWI) 2.58m(NWI)			
20	143 Menzies, Nehayla	06 Cowichan Val	2.57m	NWI
	2.57m(NWI) 2.42m(NWI) 2.14m(NWI)			
20	132 Lenarcic, Katelyn	06 Cowichan Val	2.57m	NWI
	x 2.40m(NWI) 2.57m(NWI) 2.37m(NWI)			
22	260 Swanson, Brynn	06 Nanaimo & DI	2.50m	NWI
	2.50m(NWI) 2.50m(NWI)			
23	194 Croome, Natalie	06 Nanaimo & DI	2.46m	NWI
	x x 2.46m(NWI)			
24	124 Iverson, Esme	06 Cowichan Val	2.09m	NWI
	2.09m(NWI) x x			

Girls 12 Year Olds Long Jump

=====				
	Name	Year Team	Finals	Wind
=====				
1	304 Dodo, Tawana	05 Pacific Athletics	3.76m	NWI
	3.76m(NWI) 3.65m(NWI)			
2	317 Hilton, Adrianna	05 Peninsula TR	3.61m	NWI
	3.37m(NWI) 3.61m(NWI)			
3	222 Kirk, Emma	05 Nanaimo & DI	3.54m	NWI
	3.13m(NWI) 3.54m(NWI) 3.45m(NWI)			

**2017 Garriock Meet
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....Girls 12 Year Olds Long Jump

4	395 Mesman, Chelsea	05 Victoria Tra	3.52m	NWI
	3.37m(NWI) 3.52m(NWI)			
5	278 Work, Meadow	05 Nanaimo & DI	3.45m	NWI
	3.45m(NWI) 3.40m(NWI) 3.27m(NWI)			
6	293 Waite, Annika	05 Oceanside TR	3.43m	NWI
	2.97m(NWI) 3.29m(NWI) 3.43m(NWI)			
7	216 Hyman, Sophie	05 Nanaimo & DI	3.35m	NWI
	3.25m(NWI) 3.35m(NWI)			
8	354 Harbo, Maya	05 Unattached B	3.29m	NWI
	2.93m(NWI) 3.02m(NWI) 3.29m(NWI)			
9	314 Arychuk, Hannah	05 Peninsula TR	3.27m	NWI
	3.07m(NWI) 3.20m(NWI) 3.27m(NWI)			
10	303 Dickinson, Sadie	05 Pacific Athletics	3.20m	NWI
	3.20m(NWI) 3.09m(NWI) 3.19m(NWI)			
11	77 Negenman, Paige	05 Comox Valley	3.18m	NWI
	3.18m(NWI) 2.96m(NWI) 3.04m(NWI)			
12	56 Simmons, Lacie	05 Campbell Riv	3.17m	NWI
	3.13m(NWI) 3.17m(NWI)			
13	33 Grafton, Jordyn	05 Campbell Riv	3.12m	NWI
	3.00m(NWI) 2.98m(NWI) 3.12m(NWI)			
14	204 Fontaine-Rasaiah,	05 Nanaimo & DI	3.06m	NWI
	3.04m(NWI) 2.86m(NWI) 3.06m(NWI)			
15	188 Blid, Adel	05 Nanaimo & DI	2.90m	NWI
	2.90m(NWI) 2.85m(NWI)			
16	246 Paugh, Makenna	05 Nanaimo & DI	2.68m	NWI
	2.32m(NWI) 2.68m(NWI) 2.19m(NWI)			
17	297 Wickman, Rylie	05 Oceanside TR	2.66m	NWI
	2.47m(NWI) 2.54m(NWI) 2.66m(NWI)			
18	21 Brennan, Ushwya	05 Campbell Riv	2.44m	NWI
	2.44m(NWI) 2.22m(NWI) 2.11m(NWI)			
19	197 Currell, Tyanna	05 Nanaimo & DI	2.23m	NWI
	2.23m(NWI) 2.01m(NWI)			
20	282 Butterworth, Mikay	05 Oceanside TR	2.18m	NWI
	2.18m(NWI) 2.16m(NWI)			

Girls 13 Year Olds Long Jump

=====				
	Name	Year Team	Finals	Wind
=====				
1	298 Aveyard, Laurel	04 Pacific Athletics	4.29m	NWI
	4.01m(NWI) 3.90m(NWI) 4.29m(NWI)			
2	378 Morgan, Mya	04 Victoria Spe	4.21m	NWI
	4.10m(NWI) 4.21m(NWI) 4.10m(NWI)			
3	374 Francis-Kuhn, Emma	04 Victoria Spe	4.13m	NWI
	3.81m(NWI) 3.79m(NWI) 4.13m(NWI)			
4	57 Skuse, Tyza	04 Campbell Riv	4.02m	NWI
	3.75m(NWI) 3.92m(NWI) 4.02m(NWI)			
5	2 Hall, Isabella	04 Alberni Vall	3.87m	NWI
	3.58m(NWI) 3.29m(NWI) 3.87m(NWI)			
6	230 Menard, Carys	04 Nanaimo & DI	3.81m	NWI
	3.65m(NWI) 3.72m(NWI) 3.81m(NWI)			
7	80 Porcher, Victoria	04 Comox Valley	3.73m	NWI
	3.57m(NWI) 3.48m(NWI) 3.73m(NWI)			
8	358 Kunz, Aliza	04 Unattached B	3.70m	NWI
	x 3.70m(NWI)			

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....Girls 13 Year Olds Long Jump

9	269 Vogels, Danika	04 Nanaimo & DI	3.69m	NWI
	3.59m(NWI) 3.30m(NWI) 3.69m(NWI)			
10	254 Rossnagel, Bailey	04 Nanaimo & DI	3.63m	NWI
	3.25m(NWI) 3.60m(NWI) 3.63m(NWI)			
11	357 Hunt, Emily	04 Unattached B	3.59m	NWI
	3.58m(NWI) 3.59m(NWI) x			
12	9 Orchard, Linden	04 Alberni Vall	3.40m	NWI
	3.25m(NWI) 3.04m(NWI) 3.40m(NWI)			
13	196 Currell, Brooklynn	04 Nanaimo & DI	3.33m	NWI
	3.33m(NWI) 3.10m(NWI) x			
14	43 Loock, Savannah	04 Campbell Riv	3.32m	NWI
	3.05m(NWI) 3.21m(NWI) 3.32m(NWI)			
15	90 Blumel, Margo	04 Cowichan Val	3.16m	NWI
	3.15m(NWI) 3.15m(NWI) 3.16m(NWI)			
16	263 Trepke, Evelyn	04 Nanaimo & DI	2.86m	NWI
	2.69m(NWI) 2.86m(NWI) x			
17	129 Lazenby, Alexandra	04 Cowichan Val	2.85m	NWI
	2.85m(NWI) 2.80m(NWI) x			
18	52 Paradis, Sara	04 Campbell Riv	2.42m	NWI
	2.42m(NWI) 2.35m(NWI) 2.26m(NWI)			

Girls 14-15 Long Jump

Name	Year Team	Finals	Wind
1 128 Lauzon, Jayda	03 Cowichan Val	4.65m	+0.0
4.33m(0.9) 4.40m(1.6) 3.15m(1.7) 4.57m(0.3) 4.65m(+0.0) 4.40m(+0.0)			
2 334 Baron, Samantha	02 Powell River	4.41m	0.3
FOUL(1.0) 4.28m(2.2) 4.15m(1.5) FOUL(1.6) FOUL(1.0) 4.41m(0.3)			
3 245 Paugh, Madison	03 Nanaimo & DI	4.39m	0.7
4.17m(1.7) 4.21m(3.0) 4.07m(1.3) 4.24m(0.6) 4.29m(1.8) 4.39m(0.7)			
4 191 Cameron, Kate	03 Nanaimo & DI	4.33m	1.7
4.09m(2.6) 4.25m(2.0) 4.19m(2.0) 4.06m(1.5) 4.33m(1.7) 4.19m(1.4)			
5 233 Mitchell, Makayla	02 Nanaimo & DI	4.29m	+0.0
3.81m(2.2) 4.17m(2.3) 4.06m(0.9) 4.20m(0.4) FOUL(1.1) 4.29m(+0.0)			
6 383 Peterson, Julia	03 Victoria Spe	4.27m	-0.3
4.02m(1.3) 4.13m(3.2) 4.24m(1.4) 4.07m(0.7) 3.93m(0.3) 4.27m(-0.3)			
7 7 McKean, Kamryn	02 Alberni Vall	4.23m	1.2
4.15m(1.0) 4.23m(1.2) 4.22m(1.0) 3.87m(0.8) 4.19m(+0.0) 3.88m(+0.0)			
8 28 Feeney, Tatum	02 Campbell Riv	4.17m	0.4
FOUL(1.1) 4.17m(0.4) 3.89m(1.4) 3.50m(2.4) 3.97m(1.4) 3.99m(2.2)			
9 32 Grafton, Jessica	03 Campbell Riv	3.99m	0.7
3.96m(2.9) 3.99m(0.7) FOUL(2.2)			
10 189 Bollinger, Jamie	03 Nanaimo & DI	3.98m	1.6
3.98m(1.6) 3.73m(1.9) 3.78m(0.7)			
11 152 Richards, Sarah	02 Cowichan Val	3.96m	2.2
3.96m(2.2) 3.82m(1.6) 3.50m(2.6)			
12 312 Lyman, Katie	02 Pacific Athletics	3.90m	1.8
2.18m(0.8) 3.90m(1.8) 2.97m(1.6)			
12 94 Carlin, Maeve	03 Cowichan Val	3.90m	1.0
3.82m(1.4) 3.79m(2.7) 3.90m(1.0)			
14 44 McCulloch, Ella	03 Campbell Riv	3.75m	1.6
FOUL(1.5) 3.75m(1.6) 3.49m(0.6)			
15 309 Krusekopf, Louisa	03 Pacific Athletics	3.70m	1.0
3.70m(1.0) 3.65m(1.7) FOUL(1.2)			

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....Girls 14-15 Long Jump

16	136 Martin, Gina	03 Cowichan Val	3.69m	2.1
	3.56m(1.0) 3.69m(2.1) 3.36m(0.9)			
17	336 Dimond, Elly	03 Powell River	3.68m	2.1
	3.61m(1.0) 3.68m(2.1) FOUL(0.9)			
18	400 Harris, Victoriq	03 Cowichan Val	3.67m	1.7
	3.58m(1.8) 3.67m(1.7) 3.65m(1.5)			
19	45 Milne, Emily	03 Campbell Riv	3.46m	1.4
	3.36m(1.4) 3.46m(1.4) 2.14m(1.6)			
20	172 Woodruff, Brielle	03 Cowichan Val	3.42m	1.2
	2.88m(1.1) 3.11m(1.1) 3.42m(1.2)			
21	151 Richards, Emily	03 Cowichan Val	3.10m	2.0
	2.73m(1.0) 2.60m(1.2) 3.10m(2.0)			
22	60 Underhill, Abigayl	03 Campbell Riv	2.89m	1.8
	FOUL(1.1) 2.89m(1.8) 2.60m(1.1)			

Girls 13 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 57 Skuse, Tyza	04 Campbell Riv	9.25m	NWI
FOUL 9.25m(NWI) 9.04m(NWI)			
2 374 Francis-Kuhn, Emma	04 Victoria Spe	8.77m	NWI
FOUL FOUL 8.77m(NWI)			
3 230 Menard, Carys	04 Nanaimo & DI	8.53m	NWI
8.52m(NWI) 8.37m(NWI) 8.53m(NWI)			
4 298 Aveyard, Laurel	04 Pacific Athletics	8.33m	NWI
8.04m(NWI) 8.12m(NWI) 8.33m(NWI)			
5 269 Vogels, Danika	04 Nanaimo & DI	8.13m	NWI
8.13m(NWI) FOUL 7.98m(NWI)			
6 311 Lucas, Olivia	04 Pacific Athletics	7.98m	NWI
7.68m(NWI) 7.98m(NWI) 7.97m(NWI)			
7 254 Rossnagel, Bailey	04 Nanaimo & DI	7.41m	NWI
7.41m(NWI) 7.27m(NWI) FOUL			

Girls 14-15 Triple Jump

Name	Year Team	Finals	Wind
1 245 Paugh, Madison	03 Nanaimo & DI	10.36m	0.9
10.22m(0.2) 9.89m(0.6) 10.05m(1.0) FOUL(2.0) 10.01m(0.5) 10.36m(0.9)			
2 233 Mitchell, Makayla	02 Nanaimo & DI	9.17m	1.8
8.35m(0.2) 8.52m(+0.0) 9.17m(1.8) 8.70m(0.7) 8.81m(0.1) FOUL(+0.0)			
3 45 Milne, Emily	03 Campbell Riv	8.54m	0.5
8.50m(+0.0) FOUL(0.2) 8.36m(1.8) FOUL(+0.0) FOUL(0.8) 8.54m(0.5)			
4 136 Martin, Gina	03 Cowichan Val	8.27m	0.4
FOUL(+0.0) FOUL(0.3) 8.13m(0.8) 8.27m(0.4) 8.19m(+0.0) 7.89m(0.9)			
5 336 Dimond, Elly	03 Powell River	8.09m	+0.0
8.09m(+0.0) 7.94m(+0.0) FOUL(1.1) 7.59m(+0.0) FOUL(0.3) FOUL(+0.0)			
6 341 Vanderkemp, Brookl	03 Powell River	8.03m	0.9
7.88m(+0.0) 7.53m(0.2) 7.32m(0.7) 7.78m(+0.0) 7.75m(0.8) 8.03m(0.9)			
7 102 Dailey, Victoria	03 Cowichan Val	7.81m	1.8
7.81m(1.8) 7.40m(1.1) 7.43m(0.7) FOUL(+0.0) 7.25m(1.5) 7.39m(+0.0)			
8 172 Woodruff, Brielle	03 Cowichan Val	7.49m	1.5
7.49m(1.5) 7.16m(0.6) 7.44m(0.8) FOUL(0.4) FOUL(1.8) 7.24m(+0.0)			

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Girls 9 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 338 Liefsoens, Nelle 3.32m 4.12m FOUL	08 Powell River	4.12m
2 285 Groome, Amelia 3.51m FOUL 3.82m	08 Oceanside TR	3.82m
3 327 Nadiger, Cassidy 3.68m 3.67m 3.78m	08 Peninsula TR	3.78m
4 29 Gauthier, Karis 2.96m 3.15m 3.64m	08 Campbell Riv	3.64m
5 85 Wesner, Maile 3.43m 3.34m 3.63m	08 Comox Valley	3.63m
6 296 Wickman, Jaycie 2.75m 3.53m 3.45m	08 Oceanside TR	3.53m
7 343 Williams, Vada 3.38m 3.09m 2.91m	08 Powell River	3.38m
8 5 Heenan, Ava 3.10m 3.22m 3.20m	08 Alberni Vall	3.22m
9 217 Iatrides, Mary 2.63m 2.36m 2.80m	08 Nanaimo & DI	2.80m
10 67 Drummond, Kenzie 2.60m 2.58m 2.31m	08 Comox Valley	2.60m
11 69 Faulkner, Claire FOUL 1.96m 2.09m	08 Comox Valley	2.09m

Girls 10 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 112 Douglas, Jaeda 5.05m 5.01m 5.09m	07 Cowichan Val	5.09m
2 332 Williams, Ella 4.71m 4.32m 4.40m	07 Peninsula TR	4.71m
3 39 Jones, Norah 4.42m FOUL 3.89m	07 Campbell Riv	4.42m
4 88 Beaton, Sophia 4.24m 3.83m 3.70m	07 Cowichan Val	4.24m
5 229 Martiniuk, Ava 3.99m 3.74m 3.97m	07 Nanaimo & DI	3.99m
6 61 Underhill, Novalee 3.80m 3.85m 3.85m	07 Campbell Riv	3.85m
7 125 Johnston, Tori 3.59m 3.82m 3.54m	07 Cowichan Val	3.82m
8 364 Szasz, Kipling FOUL 3.17m 3.56m	07 Unattached B	3.56m
9 295 Wickman, Callie 3.46m FOUL 3.23m	07 Oceanside TR	3.46m
10 158 Titone, Maëlle 3.19m 2.92m 3.02m	07 Cowichan Val	3.19m
11 64 Doty-Brown, Payge 2.77m 3.15m 3.16m	07 Comox Valley	3.16m
12 89 Blumel, Annette 3.09m 2.97m 2.91m	07 Cowichan Val	3.09m
13 130 Lazenby, Danika FOUL 2.78m 2.97m	07 Cowichan Val	2.97m

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Girls 11 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 249 Putz, Katelyn 7.43m 7.49m 7.65m	06 Nanaimo & DI	7.65m
2 66 Drummond, Kaelyn 6.29m 6.09m 6.36m	06 Comox Valley	6.36m
3 209 Henderson, Avery 5.37m 5.82m 6.02m	06 Nanaimo & DI	6.02m
4 167 White, Poppy 4.95m 5.12m 5.67m	06 Cowichan Val	5.67m
5 132 Lenarcic, Katelyn 5.47m 4.84m FOUL	06 Cowichan Val	5.47m
6 82 Smits, Quinn 5.22m FOUL FOUL	06 Comox Valley	5.22m
7 3 Hall, Victoria 4.68m 3.42m 5.14m	06 Alberni Vall	5.14m
8 193 Cleaver, Emma 4.11m 3.95m 5.14m	06 Nanaimo & DI	J5.14m
9 224 Louie, Ella 4.78m 5.04m 4.95m	06 Nanaimo & DI	5.04m
10 228 Martin, Haley 4.87m 4.26m 4.70m	06 Nanaimo & DI	4.87m
11 124 Iverson, Esme 4.09m 4.70m 3.75m	06 Cowichan Val	4.70m
12 162 Varga, Amelia 4.64m 4.04m 4.39m	06 Cowichan Val	4.64m
13 99 Croasdale, Nell 4.00m 4.26m 4.39m	06 Cowichan Val	4.39m
14 337 Liefsoens, Luce 4.28m FOUL 4.26m	06 Powell River	4.28m
15 143 Menzies, Nehayla 4.25m 3.71m 4.24m	06 Cowichan Val	4.25m
16 225 Lundman, Annika 3.97m 3.42m 4.16m	06 Nanaimo & DI	4.16m
17 194 Croome, Natalie 3.47m 3.45m 3.74m	06 Nanaimo & DI	3.74m

Girls 12 Year Olds Shot Put 3 kg

Name	Year Team	Finals
1 222 Kirk, Emma 6.91m 6.22m 6.87m	05 Nanaimo & DI	6.91m
2 56 Simmons, Lacie 5.20m 6.08m FOUL	05 Campbell Riv	6.08m
3 293 Waite, Annika 5.96m FOUL 5.56m	05 Oceanside TR	5.96m
4 204 Fontaine-Rasaiah, FOUL 3.44m 5.22m	05 Nanaimo & DI	5.22m
5 395 Mesman, Chelsea 4.91m 5.05m 5.15m	05 Victoria Tra	5.15m
6 297 Wickman, Rylie 4.69m 5.05m 4.49m	05 Oceanside TR	5.05m
7 188 Blid, Adel 4.24m 4.25m 4.87m	05 Nanaimo & DI	4.87m

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....Girls 12 Year Olds Shot Put 3 kg

8	314 Arychuk, Hannah	05 Peninsula TR	4.81m
	4.81m 4.80m 4.43m		
9	278 Work, Meadow	05 Nanaimo & DI	4.58m
	3.71m 4.31m 4.58m		
10	197 Currell, Tyanna	05 Nanaimo & DI	4.56m
	3.59m 4.25m 4.56m		
11	246 Paugh, Makenna	05 Nanaimo & DI	4.52m
	4.52m 4.51m 4.25m		
12	354 Harbo, Maya	05 Unattached B	4.15m
	3.27m 4.15m 3.79m		
13	275 Wear, Sebryn	05 Nanaimo & DI	4.08m
	4.08m FOUL 0.04m		
14	257 St Luke, Taylor	05 Nanaimo & DI	3.99m
	3.99m FOUL FOUL		
15	84 Wesner, Avery	05 Comox Valley	3.92m
	3.66m 3.92m 3.72m		
16	79 Parsons, Olivia	05 Comox Valley	3.77m
	3.77m 3.62m 3.75m		
17	353 Hallquist, Lily	05 Unattached B	3.60m
	3.55m 3.60m 3.48m		
18	282 Butterworth, Mikay	05 Oceanside TR	3.52m
	3.52m 2.35m 3.10m		

Girls 13 Year Olds Shot Put 3 kg

Name	Year Team	Finals
1 254 Rossnagel, Bailey	04 Nanaimo & DI	7.65m
	6.92m 7.65m 7.02m	
2 298 Aveyard, Laurel	04 Pacific Athletics	7.25m
	6.21m 6.98m 7.25m	
3 2 Hall, Isabella	04 Alberni Vall	6.71m
	5.85m 5.40m 6.71m	
4 90 Blumel, Margo	04 Cowichan Val	6.05m
	5.88m 6.05m 5.48m	
5 57 Skuse, Tyza	04 Campbell Riv	5.34m
	5.29m 5.34m 4.97m	
6 22 Chatterton, Anna	04 Campbell Riv	4.74m
	4.72m 4.74m 4.65m	
7 9 Orchard, Linden	04 Alberni Vall	4.69m
	FOUL 4.69m 3.56m	

Girls 14-15 Shot Put 3 kg

Name	Year Team	Finals
1 7 McKean, Kamryn	02 Alberni Vall	9.36m
	9.36m 8.92m FOUL FOUL 8.89m FOUL	
2 233 Mitchell, Makayla	02 Nanaimo & DI	8.63m
	8.61m 8.19m 7.17m 8.34m 8.53m 8.63m	
3 245 Paugh, Madison	03 Nanaimo & DI	8.59m
	8.28m 8.30m 8.59m 8.45m 8.47m 8.54m	
4 172 Woodruff, Brielle	03 Cowichan Val	8.42m
	8.08m 8.42m 7.85m 8.36m FOUL 7.22m	

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....Girls 14-15 Shot Put 3 kg

5	18 Barton, Faith	03 Campbell Riv	8.07m
	FOUL FOUL 7.32m 8.07m FOUL 6.28m		
6	383 Peterson, Julia	03 Victoria Spe	8.02m
	FOUL 6.98m FOUL FOUL FOUL 8.02m		
7	73 Morfitt, Chantal	03 Comox Valley	7.58m
	6.43m 6.65m 6.96m 7.58m 7.53m 7.53m		
8	136 Martin, Gina	03 Cowichan Val	7.24m
	6.48m 7.24m 6.06m 6.88m 7.03m FOUL		
9	226 Lundman, Olivia	03 Nanaimo & DI	6.55m
	4.99m 6.13m 6.55m FOUL FOUL FOUL		
10	400 Harris, Victoriq	03 Cowichan Val	6.32m
	6.32m 5.78m 5.60m		
11	102 Dailey, Victoria	03 Cowichan Val	5.66m
	5.66m FOUL 5.58m		

Girls 10 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 295 Wickman, Callie	07 Oceanside TR	9.58m
9.52m 9.44m 9.58m		
2 88 Beaton, Sophia	07 Cowichan Val	9.14m
8.55m 7.98m 9.14m		
3 112 Douglas, Jaeda	07 Cowichan Val	8.37m
8.37m 7.36m 8.21m		
4 130 Lazenby, Danika	07 Cowichan Val	7.36m
7.36m 6.10m 5.26m		
5 158 Titone, Maëlle	07 Cowichan Val	5.82m
5.23m 5.82m FOUL		
6 264 Trepke, Miranda	07 Nanaimo & DI	5.63m
5.54m 5.63m 5.46m		
7 89 Blumel, Annette	07 Cowichan Val	3.88m
3.83m 3.88m		

Girls 11 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 36 Hoffman, Elisabeth	06 Campbell Riv	18.37m
FOUL 16.16m 18.37m		
2 335 Brander, Erin	06 Powell River	14.02m
14.02m FOUL 12.61m		
3 66 Drummond, Kaelyn	06 Comox Valley	13.98m
13.98m 13.50m FOUL		
4 249 Putz, Katelyn	06 Nanaimo & DI	13.22m
11.87m 12.06m 13.22m		
5 3 Hall, Victoria	06 Alberni Vall	13.00m
12.01m 13.00m 10.78m		
6 224 Louie, Ella	06 Nanaimo & DI	12.64m
12.64m 11.97m 12.31m		
7 228 Martin, Haley	06 Nanaimo & DI	12.49m
FOUL FOUL 12.49m		
8 132 Lenarcic, Katelyn	06 Cowichan Val	12.03m
11.34m 12.03m 10.96m		

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....Girls 11 Year Olds Discus Throw 750 g

9	162 Varga, Amelia	06 Cowichan Val	11.54m
	11.54m FOUL 10.58m		
10	337 Liefsoens, Luce	06 Powell River	11.25m
	11.12m 10.56m 11.25m		
11	270 Vogels, Iona	06 Nanaimo & DI	10.91m
	10.91m 9.94m 10.86m		
12	10 Savard, Clare	06 Alberni Vall	10.72m
	9.44m 9.39m 10.72m		
13	145 Nakonechny, Mila	06 Cowichan Val	10.43m
	10.43m 10.01m 9.31m		
14	209 Henderson, Avery	06 Nanaimo & DI	10.19m
	10.19m 8.47m FOUL		
15	225 Lundman, Annika	06 Nanaimo & DI	10.00m
	FOUL 10.00m 9.25m		
16	238 Myint, Katelyn	06 Nanaimo & DI	8.95m
	8.95m 8.71m 8.92m		
17	260 Swanson, Brynn	06 Nanaimo & DI	8.47m
	8.47m 7.88m 8.40m		
18	194 Croome, Natalie	06 Nanaimo & DI	7.74m
	7.74m 7.24m 7.08m		

Girls 12 Year Olds Discus Throw 750 g

=====			
	Name	Year Team	Finals
=====			
1	222 Kirk, Emma	05 Nanaimo & DI	20.71m
	18.99m 20.71m 15.68m		
2	395 Mesman, Chelsea	05 Victoria Tra	15.75m
	13.94m 15.75m 14.36m		
3	293 Waite, Annika	05 Oceanside TR	15.26m
	12.91m 15.26m 15.18m		
4	246 Paugh, Makenna	05 Nanaimo & DI	14.63m
	13.42m FOUL 14.63m		
5	56 Simmons, Lacie	05 Campbell Riv	13.34m
	13.34m FOUL 11.13m		
6	278 Work, Meadow	05 Nanaimo & DI	13.25m
	13.25m 11.59m FOUL		
7	26 Danielson, Kiana	05 Campbell Riv	12.85m
	10.15m 12.85m 12.34m		
8	282 Butterworth, Mikay	05 Oceanside TR	11.85m
	8.96m 11.85m FOUL		
9	297 Wickman, Rylie	05 Oceanside TR	11.53m
	11.53m 10.70m 11.25m		
10	257 St Luke, Taylor	05 Nanaimo & DI	10.00m
	10.00m 9.81m 9.34m		
11	33 Grafton, Jordyn	05 Campbell Riv	8.10m
	FOUL FOUL 8.10m		
12	197 Currell, Tyanna	05 Nanaimo & DI	7.43m
	FOUL 7.43m FOUL		

Girls 13 Year Olds Discus Throw 750 g

=====			
	Name	Year Team	Finals
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....Girls 13 Year Olds Discus Throw 750 g

1	254 Rossnagel, Bailey	04 Nanaimo & DI	21.88m
	16.70m 21.88m FOUL		
2	2 Hall, Isabella	04 Alberni Vall	18.23m
	17.07m FOUL 18.23m		
3	298 Aveyard, Laurel	04 Pacific Athletics	16.62m
	15.83m 16.62m 16.08m		
4	57 Skuse, Tyza	04 Campbell Riv	15.12m
	15.12m 15.12m FOUL		
5	90 Blumel, Margo	04 Cowichan Val	14.81m
	11.53m 14.81m 11.74m		
6	9 Orchard, Linden	04 Alberni Vall	14.14m
	12.56m 14.14m 13.18m		
7	263 Trepke, Evelyn	04 Nanaimo & DI	13.94m
	13.94m 10.97m 12.11m		
8	22 Chatterton, Anna	04 Campbell Riv	13.80m
	FOUL 12.94m 13.80m		
9	311 Lucas, Olivia	04 Pacific Athletics	13.70m
	13.70m 12.38m 12.64m		
10	358 Kunz, Aliza	04 Unattached B	11.82m
	FOUL 11.82m FOUL		
11	52 Paradis, Sara	04 Campbell Riv	10.02m
	10.02m FOUL 8.13m		

Girls 14-15 Discus Throw 1 kg

Name	Year Team	Finals
1	299 Ballantyne, Georgi 02 Pacific Athletics	25.74m
	23.38m 24.88m 25.22m 22.90m 22.22m 25.74m	
2	233 Mitchell, Makayla 02 Nanaimo & DI	25.52m
	24.79m 23.85m 21.04m 21.98m 23.86m 25.52m	
3	341 Vanderkemp, Brookl 03 Powell River	20.42m
	4.86m FOUL 20.42m 18.36m 17.65m 20.05m	
4	172 Woodruff, Brielle 03 Cowichan Val	19.40m
	18.42m 17.62m 19.40m 16.87m 18.75m 15.43m	
5	136 Martin, Gina 03 Cowichan Val	18.52m
	FOUL FOUL 18.52m FOUL FOUL FOUL	
6	44 McCulloch, Ella 03 Campbell Riv	15.15m
	FOUL 15.15m FOUL FOUL 13.29m 14.26m	
7	336 Dimond, Elly 03 Powell River	14.03m
	12.48m FOUL 13.06m 12.63m 14.03m FOUL	
8	151 Richards, Emily 03 Cowichan Val	10.90m
	FOUL 9.40m FOUL 9.10m FOUL 10.90m	

Girls 12 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1	395 Mesman, Chelsea 05 Victoria Tra	16.33m
	15.10m 14.04m 16.33m	
2	293 Waite, Annika 05 Oceanside TR	15.62m
	14.32m 13.74m 15.62m	
3	278 Work, Meadow 05 Nanaimo & DI	14.66m
	13.17m 13.49m 14.66m	
4	188 Blid, Adel 05 Nanaimo & DI	14.19m
	12.61m 12.90m 14.19m	

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....Girls 12 Year Olds Hammer Throw 3 kg

5	222 Kirk, Emma	05 Nanaimo & DI	12.80m
	10.09m FOUL 12.80m		
6	257 St Luke, Taylor	05 Nanaimo & DI	12.69m
	11.79m 12.12m 12.69m		
7	79 Parsons, Olivia	05 Comox Valley	11.50m
	11.50m 9.28m 10.40m		
8	197 Currell, Tyanna	05 Nanaimo & DI	7.48m
	FOUL FOUL 7.48m		
9	282 Butterworth, Mikay	05 Oceanside TR	7.07m
	3.74m 7.07m 6.28m		

Girls 13 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 2 Hall, Isabella	04 Alberni Vall	21.62m
	20.62m 21.05m 21.62m	
2 129 Lazenby, Alexandra	04 Cowichan Val	19.28m
	18.91m FOUL 19.28m	
3 323 Lal, Jessica	04 Peninsula TR	18.85m
	FOUL 18.85m FOUL	
4 72 Mohtadi, Jasmine	04 Comox Valley	17.20m
	17.08m 17.20m 16.98m	
5 90 Blumel, Margo	04 Cowichan Val	11.68m
	11.45m 11.68m 11.47m	

Girls 14-15 Hammer Throw 3 kg

Name	Year Team	Finals
1 173 Woolnough, Alena	02 Kwalikum Secondary	31.69m
	26.92m 29.27m 29.95m 28.67m 30.35m 31.69m	
2 226 Lundman, Olivia	03 Nanaimo & DI	29.25m
	FOUL 29.25m 26.74m 28.48m 27.66m 27.04m	
3 233 Mitchell, Makayla	02 Nanaimo & DI	26.94m
	24.23m 24.18m 26.75m FOUL 26.94m FOUL	
4 383 Peterson, Julia	03 Victoria Spe	25.79m
	FOUL FOUL 23.75m 21.74m FOUL 25.79m	
5 7 McKean, Kamryn	02 Alberni Vall	24.05m
	24.02m 24.05m 23.72m 21.23m 22.96m FOUL	
6 73 Morfitt, Chantal	03 Comox Valley	22.52m
	16.32m 21.89m FOUL 22.52m 18.27m 18.42m	
7 136 Martin, Gina	03 Cowichan Val	20.35m
	16.35m 20.35m 19.54m 17.95m FOUL 19.62m	
8 341 Vanderkemp, Brookl	03 Powell River	16.98m
	16.98m 15.67m 16.35m 14.72m 10.68m FOUL	
8 102 Dailey, Victoria	03 Cowichan Val	16.98m
	FOUL 16.98m 14.52m	
10 336 Dimond, Elly	03 Powell River	13.62m
	13.62m FOUL FOUL	

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Girls 10 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 112 Douglas, Jaeda 11.69m 13.99m 11.82m	07 Cowichan Val	13.99m
2 113 Dow, Alexa 11.49m 13.56m 11.65m	07 Cowichan Val	13.56m
3 295 Wickman, Callie 11.41m FOUL FOUL	07 Oceanside TR	11.41m
4 229 Martiniuk, Ava 9.67m 7.08m 8.15m	07 Nanaimo & DI	9.67m
5 120 Harold, Isabel 6.15m 8.86m 8.71m	07 Cowichan Val	8.86m
6 332 Williams, Ella 7.33m 6.69m FOUL	07 Peninsula TR	7.33m
7 163 Wedmann-Kent, Nova 4.45m 7.13m 5.96m	07 Cowichan Val	7.13m
8 264 Trepke, Miranda 6.73m 6.67m FOUL	07 Nanaimo & DI	6.73m
9 89 Blumel, Annette 5.69m 5.30m 4.97m	07 Cowichan Val	5.69m
10 125 Johnston, Tori 5.12m 5.64m 4.70m	07 Cowichan Val	5.64m
11 158 Titone, Maëlle 3.99m 3.90m 5.21m	07 Cowichan Val	5.21m

Girls 11 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 36 Hoffman, Elisabeth 17.58m PASS PASS	06 Campbell Riv	17.58m
2 132 Lenarcic, Katelyn 12.72m 14.71m 13.49m	06 Cowichan Val	14.71m
3 3 Hall, Victoria 13.88m 11.46m 13.20m	06 Alberni Vall	13.88m
4 242 Paris, Lydia 12.32m 12.71m 11.66m	06 Nanaimo & DI	12.71m
5 228 Martin, Haley 8.53m 8.55m 12.59m	06 Nanaimo & DI	12.59m
6 249 Putz, Katelyn 8.85m 11.06m 12.50m	06 Nanaimo & DI	12.50m
7 162 Varga, Amelia 8.92m 11.99m 10.81m	06 Cowichan Val	11.99m
8 194 Croome, Natalie 11.57m FOUL 11.76m	06 Nanaimo & DI	11.76m
9 335 Brander, Erin 10.38m 11.37m 8.36m	06 Powell River	11.37m
10 10 Savard, Clare 10.23m FOUL 9.70m	06 Alberni Vall	10.23m
11 82 Smits, Quinn FOUL 5.89m 9.67m	06 Comox Valley	9.67m
12 225 Lundman, Annika 8.01m 5.75m 9.20m	06 Nanaimo & DI	9.20m
13 337 Liefsoens, Luce 7.27m 8.61m FOUL	06 Powell River	8.61m

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....Girls 11 Year Olds Javelin Throw 400 g

14	360 Lee, Ayaka	06 Unattached B	8.58m
	8.58m PASS PASS		
15	193 Cleaver, Emma	06 Nanaimo & DI	7.90m
	7.77m 7.47m 7.90m		
16	143 Menzies, Nehayla	06 Cowichan Val	7.86m
	FOUL 7.86m 6.83m		
17	270 Vogels, Iona	06 Nanaimo & DI	4.58m
	FOUL FOUL 4.58m		

Girls 12 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 222 Kirk, Emma	05 Nanaimo & DI	25.73m
24.27m 25.73m 18.66m		
2 395 Mesman, Chelsea	05 Victoria Tra	16.65m
15.99m 16.65m 14.39m		
3 26 Danielson, Kiana	05 Campbell Riv	16.37m
16.37m 16.13m 15.04m		
4 278 Work, Meadow	05 Nanaimo & DI	15.69m
12.64m 15.69m 14.77m		
5 293 Waite, Annika	05 Oceanside TR	15.41m
10.89m 12.59m 15.41m		
6 246 Paugh, Makenna	05 Nanaimo & DI	13.66m
12.41m 13.66m 9.88m		
7 303 Dickinson, Sadie	05 Pacific Athletics	13.53m
13.53m FOUL FOUL		
8 197 Currell, Tyanna	05 Nanaimo & DI	13.43m
13.43m 12.31m 10.64m		
9 297 Wickman, Rylie	05 Oceanside TR	13.28m
11.34m 9.49m 13.28m		
10 257 St Luke, Taylor	05 Nanaimo & DI	11.94m
9.53m FOUL 11.94m		
11 282 Butterworth, Mikay	05 Oceanside TR	10.67m
10.11m 8.37m 10.67m		

Girls 13 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 254 Rossnagel, Bailey	04 Nanaimo & DI	25.21m
25.21m 21.79m 22.53m		
2 230 Menard, Carys	04 Nanaimo & DI	23.13m
20.96m 20.32m 23.13m		
3 90 Blumel, Margo	04 Cowichan Val	17.04m
x 17.04m 12.81m		
4 22 Chatterton, Anna	04 Campbell Riv	16.27m
16.27m 15.78m 15.88m		
5 269 Vogels, Danika	04 Nanaimo & DI	16.09m
12.34m 16.09m 15.88m		
6 57 Skuse, Tyza	04 Campbell Riv	14.83m
x x 14.83m		
7 95 Carlson, Emily	04 Cowichan Val	14.38m
14.38m 14.26m		

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....Girls 13 Year Olds Javelin Throw 400 g

8	80 Porcher, Victoria	04 Comox Valley	12.20m
	x 11.73m 12.20m		
9	196 Currell, Brooklynn	04 Nanaimo & DI	10.38m
	9.92m 10.38m 5.09m		
10	263 Trepke, Evelyn	04 Nanaimo & DI	10.16m
	8.69m 7.24m 10.16m		

Girls 14-15 Javelin Throw 500 g

Name	Year Team	Finals
1 7 McKean, Kamryn	02 Alberni Vall	37.39m
	32.10m 35.03m FOUL 32.19m 33.90m 37.39m	
2 233 Mitchell, Makayla	02 Nanaimo & DI	36.10m
	33.87m 31.80m FOUL 33.53m 35.97m 36.10m	
3 245 Paugh, Madison	03 Nanaimo & DI	30.91m
	25.62m 30.91m 30.67m FOUL 29.88m FOUL	
4 400 Harris, Victoriq	03 Cowichan Val	20.95m
	16.92m 18.72m 16.96m 20.95m 19.38m 17.36m	
5 383 Peterson, Julia	03 Victoria Spe	20.89m
	20.89m 20.44m 20.88m 20.44m FOUL 18.07m	
6 336 Dimond, Elly	03 Powell River	19.81m
	FOUL FOUL 19.81m 17.64m 16.51m FOUL	
7 172 Woodruff, Brielle	03 Cowichan Val	18.87m
	18.87m 13.50m 11.36m 8.42m 12.92m 16.06m	
8 226 Lundman, Olivia	03 Nanaimo & DI	16.78m
	14.56m 16.78m 16.64m 15.56m 13.81m 15.90m	
9 136 Martin, Gina	03 Cowichan Val	16.30m
	13.25m 16.30m FOUL	
10 152 Richards, Sarah	02 Cowichan Val	16.11m
	15.04m 16.11m FOUL	
11 102 Dailey, Victoria	03 Cowichan Val	15.36m
	15.36m 14.39m FOUL	
12 151 Richards, Emily	03 Cowichan Val	13.27m
	13.27m 12.52m 10.13m	

Girls 9 800 Meter Race Walk

Name	Year Team	Finals
1 285 Groome, Amelia	08 Oceanside TR	5:38.44

Girls 10 800 Meter Race Walk

Name	Year Team	Finals
1 89 Blumel, Annette	07 Cowichan Val	5:16.64
2 295 Wickman, Callie	07 Oceanside TR	6:45.26
3 61 Underhill, Novalee	07 Campbell Riv	6:49.60
4 158 Titone, Maëlle	07 Cowichan Val	7:18.47

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Girls 11 800 Meter Race Walk

Name	Year Team	Finals
1 225 Lundman, Annika	06 Nanaimo & DI	5:02.81
2 143 Menzies, Nehayla	06 Cowichan Val	6:37.24

Girls 12 800 Meter Race Walk

Name	Year Team	Finals
1 297 Wickman, Rylie	05 Oceanside TR	5:07.68
2 395 Mesman, Chelsea	05 Victoria Tra	5:16.19
3 314 Arychuk, Hannah	05 Peninsula TR	5:30.83

Girls 13 1500 Meter Race Walk

Name	Year Team	Finals
1 263 Trepke, Evelyn	04 Nanaimo & DI	10:55.10
2 63 Bridges, Charley	04 Comox Valley	11:06.54

Girls 14-15 1500 Meter Race Walk

Name	Year Team	Finals
1 226 Lundman, Olivia	03 Nanaimo & DI	7:57.59

Women 16-17 100 Meter Dash

Name	Year Team	Finals	Wind
1 108 Dewit, Emma	00 Cowichan Val	13.30	-1.9
2 385 Rippin, Mickeely	01 Victoria Spe	13.92	-1.9
3 350 Fiandor, Alicia	00 Unattached B	14.96	-1.9

Women 50-54 100 Meter Dash

Name	Year Team	Finals	Wind
1 370 Davison, Che	63 Victoria Int	19.80	-1.9

Women 60-64 100 Meter Dash

Name	Year Team	Finals	Wind
1 210 Hendrie, Nola	55 Nanaimo & DI	18.76	-1.9

Women 65-69 100 Meter Dash

Name	Year Team	Finals	Wind
1 17 Shook, Karen	50 BC Athletics	17.71	-1.9
2 373 Fossberg, Mette	51 Victoria Spe	18.65	-1.9

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Women 16-17 200 Meter Dash

Name	Year Team	Finals	Wind
1 108 Dewit, Emma	00 Cowichan Val	26.95	NWI
2 385 Rippin, Mickeely	01 Victoria Spe	27.87	NWI

Women 55-59 200 Meter Dash

Name	Year Team	Finals	Wind
1 253 Rogers, Patti	60 Nanaimo & DI	31.67	NWI

Women 65-69 200 Meter Dash

Name	Year Team	Finals	Wind
1 17 Shook, Karen	50 BC Athletics	36.86	NWI

Women 16-17 400 Meter Dash

Name	Year Team	Finals
1 183 Scobie, Sophia	00 Mid Island Distance	1:03.08
2 359 Le Potier, Alice	01 Unattached B	1:04.15
3 171 Wolter, Natalie	01 Cowichan Val	1:06.80

Women 55-59 400 Meter Dash

Name	Year Team	Finals
1 253 Rogers, Patti	60 Nanaimo & DI	1:12.68

Women 16-17 1500 Meter Run

Name	Year Team	Finals
1 184 Terpstra, Rhiannon	01 Mid Island Distance	5:46.30

Women 16-17 High Jump

Name	Year Team	Finals
1 307 Kedves, Sarah	00 Pacific Athletics	1.50m
		0.85 0.90 0.95 1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55
		P P P P P P O O O XXO XXX
2 171 Wolter, Natalie	01 Cowichan Val	1.35m
		0.85 0.90 0.95 1.20 1.25 1.30 1.35 1.40
		P P P O O O XXO XXX

Women 60-64 High Jump

Name	Year Team	Finals
1 210 Hendrie, Nola	55 Nanaimo & DI	0.95m
		0.85 0.90 0.95
		O O XXO

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Girls 13 Pole Vault

Name	Year Team	Finals
1 263 Trepke, Evelyn	04 Nanaimo & DI	1.30m
1.30 1.50		
O XXX		

Women 14-15 Pole Vault

Name	Year Team	Finals
1 226 Lundman, Olivia	03 Nanaimo & DI	2.15m
2.15 2.30		
O XXX		

Women 20-34 Pole Vault

Name	Year Team	Finals
1 397 Rahn, Maya (pv)	96 Victoria Tra	3.15m
2.80 2.90 3.00 3.15 3.30		
PPP XO O XO XXX		

Women 60-64 Pole Vault

Name	Year Team	Finals
1 210 Hendrie, Nola	55 Nanaimo & DI	1.30m
1.30 1.50		
O XXX		

Women 16-17 Long Jump

Name	Year Team	Finals	Wind
1 108 Dewit, Emma	00 Cowichan Val	4.74m	-1.3
4.62m(0.9) FOUL(-0.2) 4.74m(-1.3) 4.61m(-0.3) FOUL(0.6) FOUL(-0.8)			
2 171 Wolter, Natalie	01 Cowichan Val	4.16m	+0.0
FOUL(+0.0) 3.96m(0.5) 4.09m(+0.0) 4.16m(+0.0) 3.98m(+0.0) FOUL(-1.0)			
3 350 Fiandor, Alicia	00 Unattached B	3.83m	+0.0
FOUL FOUL FOUL 3.77m(-0.4) 3.83m(+0.0) 3.63m(-0.3)			

Women 18-19 Long Jump

Name	Year Team	Finals	Wind
1 47 Mudie, Heather	99 Campbell Riv	3.77m	0.6
3.73m(0.7) 3.71m(0.5) 3.57m(+0.0) 3.77m(0.6) 3.64m(0.9) 3.54m(+0.0)			

Women 50-54 Long Jump

Name	Year Team	Finals	Wind
1 370 Davison, Che	63 Victoria Int	2.73m	1.2
FOUL(0.7) FOUL(+0.0) 2.73m(1.2) FOUL(0.1) FOUL(+0.0) FOUL(-1.1)			

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Women 55-59 Long Jump

Name	Year	Team	Finals	Wind
1 253 Rogers, Patti	60	Nanaimo & DI	3.97m	+0.0
3.77m(+0.0) 3.97m(+0.0) FOUL(+0.0) 3.12m(1.5) 3.49m(0.5) FOUL(+0.0)				

Women 60-64 Long Jump

Name	Year	Team	Finals	Wind
1 210 Hendrie, Nola	55	Nanaimo & DI	2.78m	1.4
2.78m(1.4) 2.65m(+0.0) 2.54m(+0.0) 2.68m(1.0) 2.63m(+0.0) 2.45m(-1.0)				

Women 65-69 Long Jump

Name	Year	Team	Finals	Wind
1 373 Fossberg, Mette	51	Victoria Spe	2.90m	+0.0
2.73m(1.3) 2.51m(+0.0) 2.80m(+0.0) FOUL(0.6) 2.90m(+0.0) 2.65m(-0.4)				

Women 16-17 Triple Jump

Name	Year	Team	Finals	Wind
1 307 Kedves, Sarah	00	Pacific Athletics	9.90m	2.1
9.50m(-0.1) 9.60m(0.8) 9.90m(2.1) 9.64m(0.4) 9.81m(1.3) 9.85m(2.6)				

Women 16-17 Shot Put 3 kg

Name	Year	Team	Finals
1 351 Frederiksen, Gwyne	01	Unattached B	10.77m
9.01m 10.74m FOUL 10.17m 10.56m 10.77m			
2 108 Dewit, Emma	00	Cowichan Val	9.90m
9.90m FOUL 9.73m 9.63m 9.89m 9.68m			
3 274 Watson, Kaitlyn	01	Nanaimo & DI	7.54m
6.34m 5.80m 6.67m 6.87m 6.98m 7.54m			
4 54 Reynolds, Tayla	00	Campbell Riv	7.30m
7.09m 7.10m 6.52m 7.29m 7.30m 7.14m			

Women 60-64 Shot Put 3 kg

Name	Year	Team	Finals
1 210 Hendrie, Nola	55	Nanaimo & DI	6.09m
5.93m FOUL 5.67m 5.93m 6.07m 6.09m			

Women 16-17 Discus Throw 1 kg

Name	Year	Team	Finals
1 13 Elliott, Libby	01	Ballenas Secondary	27.01m
25.54m FOUL 27.01m 23.44m 26.41m FOUL			
2 174 Woolnough, Serena	00	Kwalikum Secondary	26.76m
23.06m 26.76m 24.44m 25.18m 25.84m 24.79m			

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....Women 16-17 Discus Throw 1 kg

3	351 Frederiksen, Gwyne	01 Unattached B	26.01m
	26.01m FOUL FOUL FOUL FOUL FOUL		
4	274 Watson, Kaitlyn	01 Nanaimo & DI	18.00m
	16.74m 17.04m 16.84m FOUL 17.33m 18.00m		
5	54 Reynolds, Tayla	00 Campbell Riv	16.93m
	15.66m 15.85m 16.93m 16.51m 15.61m 15.57m		

Women 18-19 Discus Throw 1 kg

Name	Year Team	Finals
1 47 Mudie, Heather	99 Campbell Riv	16.70m
	FOUL FOUL 16.09m 13.82m 15.10m 16.70m	

Women 20-34 Discus Throw 1 kg F11

Name	Year Team	Finals
1 361 Murby, Ness	85 Unattached B	27.16m
	FOUL 27.16m FOUL 25.82m FOUL 24.83m	

Women 20-34 Discus Throw 1 kg

Name	Year Team	Finals
1 68 Erickson, Quinn	91 Comox Valley	42.81m
	42.47m FOUL FOUL FOUL 42.81m 40.17m	

Women 60-64 Discus Throw 1 kg

Name	Year Team	Finals
1 210 Hendrie, Nola	55 Nanaimo & DI	14.97m
	13.02m 11.93m 14.87m 14.15m 12.83m 14.97m	

Women 16-17 Hammer Throw 3 kg

Name	Year Team	Finals
1 351 Frederiksen, Gwyne	01 Unattached B	40.54m
	FOUL FOUL 37.14m FOUL FOUL 40.54m	
2 174 Woolnough, Serena	00 Kwalikum Secondary	39.92m
	38.79m 39.92m FOUL FOUL FOUL 37.30m	
3 54 Reynolds, Tayla	00 Campbell Riv	32.67m
	32.44m 32.02m FOUL FOUL 30.13m 32.67m	
4 274 Watson, Kaitlyn	01 Nanaimo & DI	26.80m
	23.94m 23.44m 23.18m 24.01m 23.97m 26.80m	

Women 18-19 Hammer Throw 4 kg

Name	Year Team	Finals
1 47 Mudie, Heather	99 Campbell Riv	20.93m
	20.93m FOUL FOUL FOUL 19.97m FOUL	

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Women 60-64 Hammer Throw 3 kg

Name	Year Team	Finals
1 210 Hendrie, Nola	55 Nanaimo & DI	14.30m
10.53m 13.26m 12.41m 13.60m FOUL 14.30m		

Women 16-17 Javelin Throw 500 g

Name	Year Team	Finals
1 13 Elliott, Libby	01 Ballenas Secondary	31.35m
28.59m FOUL 28.78m 31.35m 28.61m 28.27m		
2 351 Frederiksen, Gwyne	01 Unattached B	28.79m
28.79m FOUL FOUL FOUL 26.03m 26.92m		
3 220 Katzberg, Jessica	00 Nanaimo & DI	21.48m
18.40m 20.39m FOUL 21.48m 17.94m 19.06m		
4 274 Watson, Kaitlyn	01 Nanaimo & DI	21.32m
19.21m 18.95m 18.02m 20.95m FOUL 21.32m		
5 350 Fiandor, Alicia	00 Unattached B	20.40m
FOUL 20.40m 18.98m FOUL FOUL FOUL		
6 174 Woolnough, Serena	00 Kwalikum Secondary	11.66m
10.73m FOUL 11.49m 11.66m 11.22m 11.64m		

Women 18-19 Javelin Throw 600 g

Name	Year Team	Finals
1 70 Hunter, Hayley	99 Comox Valley	36.76m
36.76m 35.88m FOUL 36.21m FOUL 36.03m		

Women 20-34 Javelin Throw 600g F11

Name	Year Team	Finals
1 361 Murby, Ness	85 Unattached B	23.23m
21.07m 19.83m 19.31m 21.36m 20.67m 23.23m		

Women 50-54 Javelin Throw 500 g

Name	Year Team	Finals
1 370 Davison, Che	63 Victoria Int	18.25m
FOUL 18.25m 16.61m 16.21m FOUL FOUL		

Women 75-79 Javelin Throw 400 g

Name	Year Team	Finals
1 363 Radcliffe, Marg	42 Unattached B	22.00m
20.26m 20.50m 20.84m 21.56m 21.63m 22.00m		

Women 18-19 1500 Meter Race Walk EXHIBITION

Name	Year Team	Finals
1 399 Whitten, Emma	98 Unattached B	11:23.66

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Boys 9 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind
1	127	Kruger, Rudolf	08 Cowichan Val	9.77 NWI
2	131	Lenarcic, Jackson	08 Cowichan Val	10.17 NWI
3	339	Ruegg, Eric	08 Powell River	10.20 NWI
4	277	Work, Grady	08 Nanaimo & DI	10.21 NWI
5	237	Myint, Christian	08 Nanaimo & DI	10.98 NWI
6	324	Laperriere, Zachar	08 Peninsula TR	11.15 NWI
7	83	Smits, Walker	08 Comox Valley	11.32 NWI
8	157	Titone, Elliott	08 Cowichan Val	12.81 NWI

Boys 10 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	286	Harvey, Emerson	07 Oceanside TR	9.55 NWI	1
2	93	Buttle, Tahlon	07 Cowichan Val	9.67 NWI	2
3	40	Konkle-Skuse, Ryle	07 Campbell Riv	9.86 NWI	2
4	55	Siah, Khayam	07 Campbell Riv	9.88 NWI	1
5	144	Miller, Seth	07 Cowichan Val	10.01 NWI	2
6	148	Prest, Luke	07 Cowichan Val	10.13 NWI	1
7	20	Berkey, Shea	07 Campbell Riv	10.14 NWI	2
8	11	Symington, Gavin	07 Alberni Vall	10.42 NWI	1
9	255	Shurniak, Hunter	07 Nanaimo & DI	10.59 NWI	2
10	355	Harbo, Owen	07 Unattached B	10.64 NWI	2
11	121	Hulton, Ben	07 Cowichan Val	10.84 NWI	1
12	186	Andrews, Kaleb	07 Nanaimo & DI	11.10 NWI	1
13	281	Butterworth, Cody	07 Oceanside TR	11.33 NWI	1
14	208	Gold-Lesemann, Ced	07 Nanaimo & DI	11.40 NWI	2
15	292	Spencer-Dahl, Trev	07 Oceanside TR	11.55 NWI	1
16	59	Ternan, Kyle	07 Campbell Riv	13.13 NWI	2

Boys 11 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	141	McKenzie-Kissinger	06 Cowichan Val	9.46 NWI	1
2	97	Cizeron, Gray	06 Cowichan Val	9.49 NWI	2
3	231	Menard, Evan	06 Nanaimo & DI	9.56 NWI	1
4	256	Shurniak, Kynan	06 Nanaimo & DI	9.66 NWI	2
5	396	Nardi, Andrew	06 Victoria Tra	9.95 NWI	2
6	290	Schnider, Taylor	06 Oceanside TR	10.02 NWI	2
7	58	Ternan, Connor	06 Campbell Riv	10.19 NWI	1
8	325	Larson, Dillan	06 Peninsula TR	10.33 NWI	2
9	138	Martin, Nolan	06 Cowichan Val	10.50 NWI	2
10	331	Thickens, Foster	06 Peninsula TR	10.54 NWI	2

Boys 9 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	127	Kruger, Rudolf	08 Cowichan Val	16.28 NWI	2
2	131	Lenarcic, Jackson	08 Cowichan Val	17.23 NWI	1
3	339	Ruegg, Eric	08 Powell River	17.34 NWI	2
4	277	Work, Grady	08 Nanaimo & DI	17.61 NWI	2

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....Boys 9 Year Olds 100 Meter Dash

5	237	Myint, Christian	08 Nanaimo & DI	18.41	NWI	1
6	244	Park, Brody	08 Nanaimo & DI	18.59	NWI	2
7	324	Laperriere, Zachar	08 Peninsula TR	20.56	NWI	1
8	157	Titone, Elliott	08 Cowichan Val	22.28	NWI	2

Boys 10 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	286	Harvey, Emerson	07 Oceanside TR	15.52	NWI	3
2	93	Buttle, Tahlon	07 Cowichan Val	16.18	NWI	1
3	55	Siah, Khayam	07 Campbell Riv	16.23	NWI	1
4	144	Miller, Seth	07 Cowichan Val	16.69	NWI	1
5	215	Hosler, Elliot	07 Nanaimo & DI	16.81	NWI	2
6	148	Prest, Luke	07 Cowichan Val	16.83	NWI	3
7	40	Konkle-Skuse, Ryle	07 Campbell Riv	16.90	NWI	3
8	239	O'Hara, Niall	07 Nanaimo & DI	16.93	NWI	2
9	20	Berkey, Shea	07 Campbell Riv	17.33	NWI	2
10	121	Hulton, Ben	07 Cowichan Val	17.60	NWI	1
11	11	Symington, Gavin	07 Alberni Vall	17.68	NWI	2
12	23	Chatterton, Gavin	07 Campbell Riv	17.69	NWI	3
13	255	Shurniak, Hunter	07 Nanaimo & DI	17.78	NWI	1
14	355	Harbo, Owen	07 Unattached B	18.12	NWI	1
15	284	Falk, Ronan	07 Oceanside TR	18.44	NWI	3
16	281	Butterworth, Cody	07 Oceanside TR	18.59	NWI	1
17	329	Schandl, Ethan	07 Peninsula TR	19.70	NWI	3
18	292	Spencer-Dahl, Trev	07 Oceanside TR	20.45	NWI	2
19	235	Morris, Axton	07 Nanaimo & DI	23.09	NWI	2

Boys 11 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	231	Menard, Evan	06 Nanaimo & DI	15.66	NWI	2
2	137	Martin, Jackson	06 Cowichan Val	15.73	NWI	2
3	97	Cizeron, Gray	06 Cowichan Val	15.81	NWI	2
4	141	McKenzie-Kissinger	06 Cowichan Val	15.92	NWI	1
5	256	Shurniak, Kynan	06 Nanaimo & DI	16.23	NWI	1
6	117	Goble, Richard	06 Cowichan Val	16.38	NWI	2
7	290	Schnider, Taylor	06 Oceanside TR	16.77	NWI	1
8	396	Nardi, Andrew	06 Victoria Tra	16.82	NWI	2
9	325	Larson, Dillan	06 Peninsula TR	17.09	NWI	2
10	123	Irvine, Aj	06 Cowichan Val	17.25	NWI	2
11	331	Thickens, Foster	06 Peninsula TR	17.55	NWI	1
12	134	Macinnes, Coll	06 Cowichan Val	18.22	NWI	1
13	342	Williams, Jennings	06 Powell River	25.63	NWI	1

Boys 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	234	Moonsamy, Krescyn	05 Nanaimo & DI	14.21	NWI	3
2	301	Cotie, Spencer	05 Pacific Athletics	14.22	NWI	2
3	190	Bollinger, Robert	05 Nanaimo & DI	14.89	NWI	3
4	398	Ward, Kai	05 Victoria Tra	14.98	NWI	3

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....Boys 12 Year Olds 100 Meter Dash

5	345	Ketch, Josh	05	Queen Margar	15.41	NWI	1
6	310	Krusekopf, Nikolas	05	Pacific Athletics	15.64	NWI	3
7	78	Parker, Haden	05	Comox Valley	15.70	NWI	4
8	213	Horvath, Benedek	05	Nanaimo & DI	15.87	NWI	3
9	111	Doehler, Jack	05	Cowichan Val	15.97	NWI	3
10	139	Mayer, Evan	05	Cowichan Val	16.00	NWI	3
11	340	Sliwinski, David	05	Powell River	16.02	NWI	2
12	168	Whitney, Jack	05	Cowichan Val	16.13	NWI	4
13	223	Letourneau, Matthe	05	Nanaimo & DI	16.36	NWI	4
14	195	Croome, Zachary	05	Nanaimo & DI	16.54	NWI	1
15	38	Idiens, Joel	05	Campbell Riv	16.55	NWI	2
16	133	Lewis, Kaiden	05	Cowichan Val	16.77	NWI	1
17	214	Hosler, Dylan	05	Nanaimo & DI	16.80	NWI	4
18	291	Spencer-Dahl, Matt	05	Oceanside TR	17.11	NWI	2
19	161	Van Niekerk, Liam	05	Cowichan Val	17.15	NWI	1
20	259	Strauss, Bryn	05	Nanaimo & DI	17.26	NWI	2
21	159	Titone, Samuel	05	Cowichan Val	17.38	NWI	2
22	164	Wedmann-Kent, Quin	05	Cowichan Val	17.48	NWI	4
23	46	Milne, Lucas	05	Campbell Riv	17.54	NWI	2
24	35	Hartford, Jonah	05	Campbell Riv	17.76	NWI	4
25	344	Williams, Xzavier	05	Powell River	17.91	NWI	4
26	119	Gregson, Connor	05	Cowichan Val	18.55	NWI	1
27	110	Dilalla, Judah	05	Cowichan Val	18.75	NWI	1

Boys 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	243	Paris, Nate	04	Nanaimo & DI	13.54	NWI	1
2	328	Schandl, Aiden	04	Peninsula TR	13.92	NWI	3
3	212	Henry, Stirling	04	Nanaimo & DI	14.30	NWI	3
4	155	Smid, Shadynn	04	Cowichan Val	14.60	NWI	3
5	391	Fawkes, Railay	04	Victoria Tra	14.63	NWI	3
6	227	Martin, Ben	04	Nanaimo & DI	14.92	NWI	1
7	122	Hulton, Will	04	Cowichan Val	15.06	NWI	2
8	165	Weir, Korbin	04	Cowichan Val	15.58	NWI	1
9	87	Beaton, Joshua	04	Cowichan Val	15.63	NWI	1
10	276	Welgan, Colton	04	Nanaimo & DI	15.87	NWI	3
11	19	Berkey, Rowen	04	Campbell Riv	16.29	NWI	2
12	160	Van Der Linden, Sp	04	Cowichan Val	16.55	NWI	2
13	146	Nijjar, Jeevan	04	Cowichan Val	16.99	NWI	1
14	109	Dilalla, Ben	04	Cowichan Val	17.26	NWI	2

Boys 14-15 100 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	114	Else, Anthony	02	Cowichan Val	12.63	-3.0	2
2	384	Pryma, Nico	02	Victoria Spe	12.78	-3.0	2
3	153	Rossouw, Ben	03	Cowichan Val	12.95	-0.5	1
4	300	Ballinger, Simon	03	Pacific Athletics	13.31	-0.5	1
5	81	Potts, Liam	03	Comox Valley	13.32	-0.5	1
6	306	Hill, Jacob	02	Pacific Athletics	13.41	-3.0	2
7	372	Constabel, Kai	03	Victoria Spe	13.51	-0.5	1
8	107	De Valk Zaiss, Mow	03	Cowichan Val	13.75	-0.5	1

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9	367	Ward, Nakoda	02	Unattached B	13.93	-3.0	2
10	352	Gardner, Korin	03	Unattached B	14.05	-0.5	1
11	356	Hunt, Alex	02	Unattached B	15.07	-3.0	2

Boys 11 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	141	McKenzie-Kissinger	06	Cowichan Val	31.17	NWI	2
2	256	Shurniak, Kynan	06	Nanaimo & DI	31.50	NWI	2
3	261	Therrien, Sacha	06	Nanaimo & DI	31.91	NWI	1
4	97	Cizeron, Gray	06	Cowichan Val	32.15	NWI	2
5	137	Martin, Jackson	06	Cowichan Val	32.27	NWI	2
6	117	Goble, Richard	06	Cowichan Val	32.74	NWI	1
7	396	Nardi, Andrew	06	Victoria Tra	33.42	NWI	1
8	305	Emery, Matias	06	Pacific Athletics	33.81	NWI	2
9	58	Ternan, Connor	06	Campbell Riv	34.12	NWI	1
10	290	Schnider, Taylor	06	Oceanside TR	35.08	NWI	2
11	150	Rademaker, Logan	06	Cowichan Val	36.17	NWI	1
12	331	Thickens, Foster	06	Peninsula TR	36.91	NWI	2
13	134	Macinnes, Coll	06	Cowichan Val	38.24	NWI	2

Boys 12 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	234	Moonsamy, Krescyn	05	Nanaimo & DI	28.10	NWI	2
2	190	Bollinger, Robert	05	Nanaimo & DI	28.87	NWI	1
3	213	Horvath, Benedek	05	Nanaimo & DI	31.17	NWI	2
4	139	Mayer, Evan	05	Cowichan Val	31.52	NWI	1
5	203	Faa, Ryan	05	Nanaimo & DI	32.45	NWI	2
6	340	Sliwinski, David	05	Powell River	32.46	NWI	1
7	272	Watson, Cody	05	Nanaimo & DI	32.99	NWI	2
7	78	Parker, Haden	05	Comox Valley	32.99	NWI	1
9	195	Croome, Zachary	05	Nanaimo & DI	33.27	NWI	1
10	291	Spencer-Dahl, Matt	05	Oceanside TR	33.87	NWI	1
11	161	Van Niekerk, Liam	05	Cowichan Val	33.92	NWI	1
12	164	Wedmann-Kent, Quin	05	Cowichan Val	34.29	NWI	1
13	38	Idiens, Joel	05	Campbell Riv	35.60	NWI	2
14	35	Hartford, Jonah	05	Campbell Riv	37.39	NWI	2
15	119	Gregson, Connor	05	Cowichan Val	41.21	NWI	2

Boys 13 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	243	Paris, Nate	04	Nanaimo & DI	26.46	NWI	2
2	268	Verleyen, Peirsen	04	Nanaimo & DI	26.64	NWI	1
3	328	Schandl, Aiden	04	Peninsula TR	27.25	NWI	2
4	212	Henry, Stirling	04	Nanaimo & DI	27.52	NWI	2
5	155	Smid, Shadynn	04	Cowichan Val	28.35	NWI	2
6	273	Watson, Jayden	04	Nanaimo & DI	28.53	NWI	2
7	122	Hulton, Will	04	Cowichan Val	31.17	NWI	1
8	87	Beaton, Joshua	04	Cowichan Val	31.55	NWI	1
9	288	Morrison, Samuel	04	Oceanside TR	31.66	NWI	2

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....Boys 13 Year Olds 200 Meter Dash

10	101	Dailey, Graeme	04	Cowichan Val	34.08	NWI	1
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Boys 14-15 200 Meter Dash

Name	Year	Team	Finals	Wind
1	377	Loughnane, Conor	02 Victoria Spe	23.73 2.0
2	205	Fontaine-Rasaiah,	02 Nanaimo & DI	25.07 2.0
3	379	Munro-Kagan, Noah	02 Victoria Spe	25.11 2.0
4	306	Hill, Jacob	02 Pacific Athletics	25.26 2.0
5	384	Pryma, Nico	02 Victoria Spe	25.81 2.0
6	352	Gardner, Korin	03 Unattached B	27.25 2.0
7	322	Johnson, Michael	03 Peninsula TR	28.45 2.0
8	76	Negenman, Josh	03 Comox Valley	29.49 2.0

Boys 12 Year Olds 300 Meter Dash

Name	Year	Team	Finals	H#
1	310	Krusekopf, Nikolas	05 Pacific Athletics	49.47 1
2	213	Horvath, Benedek	05 Nanaimo & DI	49.67 2
3	190	Bollinger, Robert	05 Nanaimo & DI	50.69 2
4	139	Mayer, Evan	05 Cowichan Val	51.92 2
5	195	Croome, Zachary	05 Nanaimo & DI	53.93 1
6	272	Watson, Cody	05 Nanaimo & DI	55.03 2
7	291	Spencer-Dahl, Matt	05 Oceanside TR	55.27 1
8	133	Lewis, Kaiden	05 Cowichan Val	56.73 1
9	294	Whitehead, Willem	05 Oceanside TR	57.08 1
10	38	Idiens, Joel	05 Campbell Riv	1:01.17 2

Boys 13 Year Olds 300 Meter Dash

Name	Year	Team	Finals	
1	328	Schandl, Aiden	04 Peninsula TR	44.06
2	362	Osakabe-Green, Pat	04 Unattached B	46.65
3	160	Van Der Linden, Sp	04 Cowichan Val	54.17

Boys 14-15 300 Meter Dash

Name	Year	Team	Finals	
1	377	Loughnane, Conor	02 Victoria Spe	37.51
2	153	Rossouw, Ben	03 Cowichan Val	40.61
3	176	Bradbury, Spencer	02 Mid Island Distance	41.91
4	322	Johnson, Michael	03 Peninsula TR	45.67
5	76	Negenman, Josh	03 Comox Valley	47.14

Boys 9 Year Olds 600 Meter Run

Name	Year	Team	Finals	
1	127	Kruger, Rudolf	08 Cowichan Val	2:03.67
2	131	Lenarcic, Jackson	08 Cowichan Val	2:06.73
3	244	Park, Brody	08 Nanaimo & DI	2:11.06

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....Boys 9 Year Olds 600 Meter Run

4	277	Work, Grady	08 Nanaimo & DI	2:14.46
5	83	Smits, Walker	08 Comox Valley	2:17.96
6	324	Laperriere, Zachar	08 Peninsula TR	2:25.06
7	157	Titone, Elliott	08 Cowichan Val	2:44.94

Boys 10 Year Olds 600 Meter Run

Name	Year	Team	Finals	
1	148	Prest, Luke	07 Cowichan Val	2:03.14
2	23	Chatterton, Gavin	07 Campbell Riv	2:05.73
3	93	Buttle, Tahlon	07 Cowichan Val	2:06.23
4	144	Miller, Seth	07 Cowichan Val	2:06.56
5	286	Harvey, Emerson	07 Oceanside TR	2:07.06
6	55	Siah, Khayam	07 Campbell Riv	2:07.07
7	239	O'Hara, Niall	07 Nanaimo & DI	2:07.89
8	206	Ford, Torin	07 Nanaimo & DI	2:12.84
9	20	Berkey, Shea	07 Campbell Riv	2:13.35
10	169	Woernle, Georg	07 Cowichan Val	2:15.96
11	121	Hulton, Ben	07 Cowichan Val	2:20.23
12	284	Falk, Ronan	07 Oceanside TR	2:27.03
13	281	Butterworth, Cody	07 Oceanside TR	2:27.87
14	255	Shurniak, Hunter	07 Nanaimo & DI	2:31.74
15	292	Spencer-Dahl, Trev	07 Oceanside TR	2:34.29
16	235	Morris, Axton	07 Nanaimo & DI	2:46.51

Boys 11 Year Olds 600 Meter Run

Name	Year	Team	Finals	
1	256	Shurniak, Kynan	06 Nanaimo & DI	1:52.69
2	141	McKenzie-Kissinger	06 Cowichan Val	1:57.36
3	305	Emery, Matias	06 Pacific Athletics	2:00.81
4	231	Menard, Evan	06 Nanaimo & DI	2:07.40
5	201	Dueck, Bryce	06 Nanaimo & DI	2:08.88
6	218	Jayawickreme, Noah	06 Nanaimo & DI	2:09.63
7	4	Heenan, Aiden	06 Alberni Vall	2:17.28
8	331	Thickens, Foster	06 Peninsula TR	2:19.71

Boys 12 Year Olds 800 Meter Run

Name	Year	Team	Finals	
1	111	Doehler, Jack	05 Cowichan Val	2:43.59
2	195	Croome, Zachary	05 Nanaimo & DI	2:48.03
3	139	Mayer, Evan	05 Cowichan Val	2:50.74
4	92	Buckland, Trevin	05 Cowichan Val	2:55.24
5	291	Spencer-Dahl, Matt	05 Oceanside TR	2:59.06
6	190	Bollinger, Robert	05 Nanaimo & DI	3:06.12

Boys 13 Year Olds 800 Meter Run

Name	Year	Team	Finals	
1	268	Verleyen, Peirsen	04 Nanaimo & DI	2:17.81

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....Boys 13 Year Olds 800 Meter Run

2	248 Putz, Jake	04 Nanaimo & DI	2:26.47
3	362 Osakabe-Green, Pat	04 Unattached B	2:30.77
4	24 Christiansen-Barke	04 Campbell Riv	2:32.40
5	243 Paris, Nate	04 Nanaimo & DI	2:37.00
6	288 Morrison, Samuel	04 Oceanside TR	3:08.09

Boys 14-15 800 Meter Run

Name	Year Team	Finals
1 185 Van Allen, Fraser	02 Mid Island Distance	2:10.48
2 116 Fontana, Drédyn	02 Cowichan Val	2:23.13
3 265 Urbanowicz, Cyrus	02 Nanaimo & DI	2:23.17
4 318 Hilton, Matteo	02 Peninsula TR	2:25.20
5 308 Kirkendale, Liam	03 Pacific Athletics	2:27.52
6 322 Johnson, Michael	03 Peninsula TR	2:33.00

Boys 9 1000 Meter Run

Name	Year Team	Finals
1 127 Kruger, Rudolf	08 Cowichan Val	3:43.49
2 244 Park, Brody	08 Nanaimo & DI	3:46.49
3 324 Laperriere, Zachar	08 Peninsula TR	3:54.23
4 131 Lenarcic, Jackson	08 Cowichan Val	3:59.37
5 83 Smits, Walker	08 Comox Valley	4:06.26
6 149 Rademaker, Jake	08 Cowichan Val	4:36.51
7 157 Titone, Elliott	08 Cowichan Val	4:43.14

Boys 10 1000 Meter Run

Name	Year Team	Finals	H#
1 23 Chatterton, Gavin	07 Campbell Riv	3:41.70	2
2 148 Prest, Luke	07 Cowichan Val	3:43.05	2
3 55 Siah, Khayam	07 Campbell Riv	3:44.21	2
4 239 O'Hara, Niall	07 Nanaimo & DI	3:48.80	1
5 93 Buttle, Tahlon	07 Cowichan Val	3:48.93	1
6 169 Woernle, Georg	07 Cowichan Val	3:54.19	2
7 206 Ford, Torin	07 Nanaimo & DI	3:54.26	1
8 121 Hulton, Ben	07 Cowichan Val	4:00.62	2

Boys 11 1000 Meter Run

Name	Year Team	Finals	H#
1 256 Shurniak, Kynan	06 Nanaimo & DI	3:22.88	2
2 305 Emery, Matias	06 Pacific Athletics	3:31.08	2
3 97 Cizeron, Gray	06 Cowichan Val	3:39.61	2
4 261 Therrien, Sacha	06 Nanaimo & DI	3:39.71	2
5 201 Dueck, Bryce	06 Nanaimo & DI	3:47.15	2
6 150 Rademaker, Logan	06 Cowichan Val	3:48.96	2
7 218 Jayawickreme, Noah	06 Nanaimo & DI	3:51.90	2

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Boys 12 1200 Meter Run

Name	Year Team	Finals
1 111 Doehler, Jack	05 Cowichan Val	4:16.71
2 195 Croome, Zachary	05 Nanaimo & DI	4:17.73
3 310 Krusekopf, Nikolas	05 Pacific Athletics	4:21.26
4 139 Mayer, Evan	05 Cowichan Val	4:21.74
5 168 Whitney, Jack	05 Cowichan Val	4:29.15
6 291 Spencer-Dahl, Matt	05 Oceanside TR	4:46.99
7 320 Jensen, Dorian	05 Peninsula TR	5:28.57

Boys 13 1200 Meter Run

Name	Year Team	Finals
1 273 Watson, Jayden	04 Nanaimo & DI	3:51.32
2 24 Christiansen-Barke	04 Campbell Riv	3:52.17
3 248 Putz, Jake	04 Nanaimo & DI	3:56.25
4 19 Berkey, Rowen	04 Campbell Riv	4:29.87

Boys 14-15 1200 Meter Run

Name	Year Team	Finals
1 185 Van Allen, Fraser	02 Mid Island Distance	3:29.31
2 116 Fontana, Drédyn	02 Cowichan Val	3:49.20
3 100 Croasdale, Thomas	03 Cowichan Val	3:55.27

Boys 13 Year Olds 2000 Meter Run

Name	Year Team	Finals
1 273 Watson, Jayden	04 Nanaimo & DI	6:41.03
2 248 Putz, Jake	04 Nanaimo & DI	6:51.97

Boys 14-15 2000 Meter Run

Name	Year Team	Finals
1 279 Zanette, Gage	03 Nanaimo & DI	6:38.18
2 116 Fontana, Drédyn	02 Cowichan Val	6:41.05
3 265 Urbanowicz, Cyrus	02 Nanaimo & DI	6:42.49

Boys 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year Team	Finals	Wind
1 127 Kruger, Rudolf	08 Cowichan Val	12.01	NWI
2 339 Ruegg, Eric	08 Powell River	12.45	NWI
3 277 Work, Grady	08 Nanaimo & DI	12.65	NWI
4 83 Smits, Walker	08 Comox Valley	13.47	NWI
5 324 Laperriere, Zachar	08 Peninsula TR	14.32	NWI
6 157 Titone, Elliott	08 Cowichan Val	14.60	NWI
7 149 Rademaker, Jake	08 Cowichan Val	15.45	NWI

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Boys 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year Team	Finals	Wind	H#
1 148 Prest, Luke	07 Cowichan Val	11.37	NWI	2
2 40 Konkle-Skuse, Ryle	07 Campbell Riv	11.84	NWI	1
3 23 Chatterton, Gavin	07 Campbell Riv	11.96	NWI	1
4 55 Siah, Khayam	07 Campbell Riv	12.20	NWI	2
5 286 Harvey, Emerson	07 Oceanside TR	12.51	NWI	1
6 215 Hosler, Elliot	07 Nanaimo & DI	12.78	NWI	1
7 284 Falk, Ronan	07 Oceanside TR	12.84	NWI	2
8 20 Berkey, Shea	07 Campbell Riv	12.99	NWI	1
9 255 Shurniak, Hunter	07 Nanaimo & DI	13.09	NWI	2
10 11 Symington, Gavin	07 Alberni Vall	13.49	NWI	2
11 49 Nohr, Corbyn	07 Campbell Riv	14.27	NWI	2
12 50 Nohr, Rylan	07 Campbell Riv	14.55	NWI	2
13 208 Gold-Lesemann, Ced	07 Nanaimo & DI	14.73	NWI	1
14 59 Ternan, Kyle	07 Campbell Riv	15.13	NWI	2
15 292 Spencer-Dahl, Trev	07 Oceanside TR	15.26	NWI	1
16 281 Butterworth, Cody	07 Oceanside TR	15.35	NWI	1

Boys 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year Team	Finals	Wind	H#
1 261 Therrien, Sacha	06 Nanaimo & DI	11.18	NWI	2
2 141 McKenzie-Kissinger	06 Cowichan Val	11.62	NWI	2
3 231 Menard, Evan	06 Nanaimo & DI	11.65	NWI	2
4 117 Goble, Richard	06 Cowichan Val	12.22	NWI	1
5 396 Nardi, Andrew	06 Victoria Tra	12.40	NWI	2
6 58 Ternan, Connor	06 Campbell Riv	12.57	NWI	1
7 137 Martin, Jackson	06 Cowichan Val	12.68	NWI	1
8 256 Shurniak, Kynan	06 Nanaimo & DI	12.69	NWI	2
9 4 Heenan, Aiden	06 Alberni Vall	13.13	NWI	1
10 138 Martin, Nolan	06 Cowichan Val	13.54	NWI	2
11 134 Macinnes, Coll	06 Cowichan Val	14.05	NWI	1

Boys 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year Team	Finals	Wind	H#
1 398 Ward, Kai	05 Victoria Tra	13.45	NWI	2
2 345 Ketch, Josh	05 Queen Margar	14.15	NWI	1
3 213 Horvath, Benedek	05 Nanaimo & DI	14.43	NWI	2
4 78 Parker, Haden	05 Comox Valley	15.73	NWI	2
5 223 Letourneau, Matthe	05 Nanaimo & DI	16.98	NWI	2
6 195 Croome, Zachary	05 Nanaimo & DI	17.07	NWI	2
7 133 Lewis, Kaiden	05 Cowichan Val	17.29	NWI	1
8 203 Faa, Ryan	05 Nanaimo & DI	17.35	NWI	1
9 214 Hosler, Dylan	05 Nanaimo & DI	17.42	NWI	1
10 272 Watson, Cody	05 Nanaimo & DI	17.52	NWI	2
11 161 Van Niekerk, Liam	05 Cowichan Val	18.00	NWI	2
12 159 Titone, Samuel	05 Cowichan Val	18.86	NWI	1

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Boys 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year Team	Finals	Wind	H#
1 243 Paris, Nate	04 Nanaimo & DI	12.79	NWI	2
2 391 Fawkes, Railay	04 Victoria Tra	14.63	NWI	2
3 155 Smid, Shadynn	04 Cowichan Val	14.85	NWI	2
4 273 Watson, Jayden	04 Nanaimo & DI	14.88	NWI	1
5 160 Van Der Linden, Sp	04 Cowichan Val	16.21	NWI	1
6 87 Beaton, Joshua	04 Cowichan Val	16.45	NWI	2
7 115 Etherington, Grady	04 Cowichan Val	19.04	NWI	1

Boys 14-15 100 Meter Hurdles 10 x 33"

Name	Year Team	Finals	Wind
1 356 Hunt, Alex	02 Unattached B	19.26	+0.0

Boys 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year Team	Finals	Wind	H#
1 398 Ward, Kai	05 Victoria Tra	30.68	NWI	2
2 190 Bollinger, Robert	05 Nanaimo & DI	31.96	NWI	2
3 213 Horvath, Benedek	05 Nanaimo & DI	32.73	NWI	2
4 139 Mayer, Evan	05 Cowichan Val	33.73	NWI	2
5 195 Croome, Zachary	05 Nanaimo & DI	34.09	NWI	2
6 78 Parker, Haden	05 Comox Valley	34.30	NWI	2
7 159 Titone, Samuel	05 Cowichan Val	36.38	NWI	2
8 92 Buckland, Trevin	05 Cowichan Val	37.08	NWI	2
9 259 Strauss, Bryn	05 Nanaimo & DI	38.69	NWI	1
10 241 Parcher, Gill	05 Nanaimo & DI	42.15	NWI	1

Boys 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year Team	Finals	Wind
1 243 Paris, Nate	04 Nanaimo & DI	29.38	NWI

Boys 14-15 300 Meter Hurdles 7 x 30"

Name	Year Team	Finals
1 176 Bradbury, Spencer	02 Mid Island Distance	46.17
2 356 Hunt, Alex	02 Unattached B	51.94

Boys 14-15 1500 Meter Steeplechase 30" NO WATER

Name	Year Team	Finals
1 100 Croasdale, Thomas	03 Cowichan Val	5:35.10

Boys 9 Year Olds High Jump

Name	Year Team	Finals
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....Boys 9 Year Olds High Jump

1	131	Lenarcic, Jackson	08	Cowichan Val	1.05m
		0.95 1.00 1.05 1.10			
		XO XO O XXX			
2	339	Ruegg, Eric	08	Powell River	0.95m
		0.95 1.00			
		O XXX			
3	324	Laperriere, Zachar	08	Peninsula TR	0.90m
		0.85 0.90 0.95			
		XO XXO XXX			

Boys 10 Year Olds High Jump

Name	Year	Team	Finals
1 286 Harvey, Emerson	07	Oceanside TR	1.15m
0.95 1.00 1.05 1.10 1.15 1.20			
O O O XXO O XXX			
2 215 Hosler, Elliot	07	Nanaimo & DI	1.05m
0.95 1.00 1.05 1.10			
O O XO XXX			
2 148 Prest, Luke	07	Cowichan Val	1.05m
0.90 0.95 1.00 1.05 1.10			
O O O O XXX			
2 106 Day, Nathan	07	Cowichan Val	1.05m
0.90 1.00 1.05 1.10			
O XO XXO XXX			
2 40 Konkle-Skuse, Ryle	07	Campbell Riv	1.05m
0.90 0.95 1.00 1.05 1.10			
XXO O XXO XXO XXX			
6 49 Nohr, Corbyn	07	Campbell Riv	1.00m
0.90 0.95 1.00 1.05			
XO XO XO XXX			
6 169 Woernle, Georg	07	Cowichan Val	1.00m
0.90 0.95 1.00 1.05			
O O O XXX			
6 20 Berkey, Shea	07	Campbell Riv	1.00m
0.90 0.95 1.00 1.05			
O XO XXO XXX			
9 11 Symington, Gavin	07	Alberni Vall	0.95m
0.95 1.00			
XO XXX			
9 255 Shurniak, Hunter	07	Nanaimo & DI	0.95m
0.95 1.00			
O XXX			
9 23 Chatterton, Gavin	07	Campbell Riv	0.95m
0.85 0.90 0.95 1.00			
O O O XXX			
12 55 Siah, Khayam	07	Campbell Riv	0.90m
0.85 0.90 0.95			
O O XXX			
12 292 Spencer-Dahl, Trev	07	Oceanside TR	0.90m
0.90 0.95			
O XXX			
12 59 Ternan, Kyle	07	Campbell Riv	0.90m
0.90 0.95			
O XXX			

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Boys 11 Year Olds High Jump

Name	Year Team	Finals
1 261 Therrien, Sacha	06 Nanaimo & DI	1.25m
1.10 1.15 1.20 1.25 1.30		
O O XO O XXX		
2 290 Schnider, Taylor	06 Oceanside TR	1.15m
1.00 1.05 1.10 1.15 1.20		
XO O O XXO XXX		
3 51 Paradis, Mitchell	06 Campbell Riv	1.10m
1.00 1.05 1.10 1.15		
XXO O O XXX		
4 138 Martin, Nolan	06 Cowichan Val	J1.10m
1.05 1.10 1.15		
O XO XXX		
5 117 Goble, Richard	06 Cowichan Val	J1.10m
1.05 1.10 1.15		
O XXO XXX		
6 256 Shurniak, Kynan	06 Nanaimo & DI	1.05m
1.00 1.05 1.10		
O O XXX		
7 137 Martin, Jackson	06 Cowichan Val	J1.05m
1.00 1.05 1.10		
O XXO XXX		
8 58 Ternan, Connor	06 Campbell Riv	0.95m
0.95 1.00		
O XXX		

Boys 12 Year Olds High Jump

Name	Year Team	Finals
1 78 Parker, Haden	05 Comox Valley	1.40m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45		
P P P P P O XO XO O XXX		
2 301 Cotie, Spencer	05 Pacific Athletics	1.35m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40		
P O O O O O XO O XXX		
3 139 Mayer, Evan	05 Cowichan Val	1.25m
1.00 1.05 1.10 1.15 1.20 1.25 1.30		
P P P O O O XXX		
4 213 Horvath, Benedek	05 Nanaimo & DI	J1.25m
1.00 1.05 1.10 1.15 1.20 1.25 1.30		
P P O O XXO XXO XXX		
4 345 Ketch, Josh	05 Queen Margar	J1.25m
1.00 1.05 1.10 1.15 1.20 1.25 1.30		
O XO O O XO XXO XXX		
6 291 Spencer-Dahl, Matt	05 Oceanside TR	1.20m
1.00 1.05 1.10 1.15 1.20 1.25		
P P P O O XXX		
6 259 Strauss, Bryn	05 Nanaimo & DI	1.20m
1.00 1.05 1.10 1.15 1.20 1.25		
P P O O O XXX		
8 234 Moonsamy, Krescyn	05 Nanaimo & DI	J1.20m
1.00 1.05 1.10 1.15 1.20 1.25		
P P O XO O XXX		

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....Boys 13 Year Olds High Jump

8	115	Etherington, Grady	04	Cowichan Val	J1.15m
	1.10	1.15	1.20		
	P	XO	XXX		
9	24	Christiansen-Barke	04	Campbell Riv	J1.15m
	1.10	1.15	1.20		
	XO	XO	XXX		
10	160	Van Der Linden, Sp	04	Cowichan Val	J1.15m
	1.10	1.15	1.20		
	P	XXO	XXX		
10	391	Fawkes, Railay	04	Victoria Tra	J1.15m
	1.10	1.15	1.20		
	P	XXO	XXX		

Boys 14-15 High Jump

Name	Year	Team	Finals
1 114 Else, Anthony	02	Cowichan Val	1.70m
1.50 1.55 1.60 1.70 1.75			
O O O XO XXX			
2 153 Rossouw, Ben	03	Cowichan Val	J1.70m
1.50 1.55 1.60 1.65 1.70 1.75			
O O O O XXO XXX			
3 105 Day, Matthew	02	Cowichan Val	J1.70m
1.55 1.60 1.65 1.70 1.75			
O XO XXO XXO XXX			
4 81 Potts, Liam	03	Comox Valley	1.60m
1.50 1.55 1.60 1.65			
O O XO XXX			

Boys 9 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 244 Park, Brody	08	Nanaimo & DI	2.83m	NWI
FOUL FOUL 2.83m(NWI)				
2 277 Work, Grady	08	Nanaimo & DI	2.82m	NWI
FOUL 2.69m(NWI) 2.82m(NWI)				
3 339 Ruegg, Eric	08	Powell River	2.60m	NWI
FOUL 2.60m(NWI) 2.50m(NWI)				
4 83 Smits, Walker	08	Comox Valley	2.39m	NWI
2.39m(NWI) 2.28m(NWI) 2.19m(NWI)				
5 324 Laperriere, Zachar	08	Peninsula TR	2.32m	NWI
2.32m(NWI) 2.26m(NWI) 1.90m(NWI)				
6 237 Myint, Christian	08	Nanaimo & DI	2.20m	NWI
2.20m(NWI) FOUL 2.06m(NWI)				

Boys 10 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 286 Harvey, Emerson	07	Oceanside TR	3.52m	NWI
3.34m(NWI) 3.09m(NWI) 3.52m(NWI)				
2 239 O'Hara, Niall	07	Nanaimo & DI	3.31m	NWI
3.25m(NWI) 3.26m(NWI) 3.31m(NWI)				

**2017 Garriock Meet
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....Boys 10 Year Olds Long Jump

3	355 Harbo, Owen	07 Unattached B	3.29m	NWI
	3.18m(NWI) 3.14m(NWI) 3.29m(NWI)			
4	40 Konkle-Skuse, Ryle	07 Campbell Riv	3.25m	NWI
	2.98m(NWI) 3.24m(NWI) 3.25m(NWI)			
5	55 Siah, Khayam	07 Campbell Riv	3.22m	NWI
	3.06m(NWI) 3.22m(NWI) FOUL			
6	93 Buttle, Tahlon	07 Cowichan Val	3.21m	NWI
	3.02m(NWI) 3.16m(NWI) 3.21m(NWI)			
7	148 Prest, Luke	07 Cowichan Val	3.08m	NWI
	3.08m(NWI) 3.05m(NWI) 2.97m(NWI)			
7	23 Chatterton, Gavin	07 Campbell Riv	3.08m	NWI
	2.79m(NWI) 2.96m(NWI) 3.08m(NWI)			
9	20 Berkey, Shea	07 Campbell Riv	3.07m	NWI
	2.93m(NWI) 2.88m(NWI) 3.07m(NWI)			
10	169 Woernle, Georg	07 Cowichan Val	2.99m	NWI
	2.86m(NWI) 2.89m(NWI) 2.99m(NWI)			
11	144 Miller, Seth	07 Cowichan Val	2.91m	NWI
	FOUL 2.91m(NWI) 2.84m(NWI)			
12	11 Symington, Gavin	07 Alberni Vall	2.82m	NWI
	2.76m(NWI) FOUL 2.82m(NWI)			
13	255 Shurniak, Hunter	07 Nanaimo & DI	2.73m	NWI
	FOUL 2.63m(NWI) 2.73m(NWI)			
14	121 Hulton, Ben	07 Cowichan Val	2.70m	NWI
	2.70m(NWI) 2.60m(NWI) 2.67m(NWI)			
15	186 Andrews, Kaleb	07 Nanaimo & DI	2.52m	NWI
	2.45m(NWI) FOUL 2.52m(NWI)			
16	281 Butterworth, Cody	07 Oceanside TR	2.44m	NWI
	2.42m(NWI) 2.44m(NWI) 2.40m(NWI)			
16	59 Ternan, Kyle	07 Campbell Riv	2.44m	NWI
	2.18m(NWI) 2.29m(NWI) 2.44m(NWI)			
18	235 Morris, Axton	07 Nanaimo & DI	2.08m	NWI
	2.08m(NWI) FOUL 1.89m(NWI)			
19	292 Spencer-Dahl, Trev	07 Oceanside TR	2.07m	NWI
	FOUL 2.07m(NWI) 2.00m(NWI)			

Boys 11 Year Olds Long Jump

=====				
	Name	Year Team	Finals	Wind
=====				
1	141 McKenzie-Kissinger	06 Cowichan Val	3.56m	NWI
	3.56m(NWI) 3.29m(NWI) 3.52m(NWI)			
2	137 Martin, Jackson	06 Cowichan Val	3.41m	NWI
	3.08m(NWI) 3.06m(NWI) 3.41m(NWI)			
3	231 Menard, Evan	06 Nanaimo & DI	3.40m	NWI
	FOUL FOUL 3.40m(NWI)			
4	97 Cizeron, Gray	06 Cowichan Val	3.39m	NWI
	3.34m(NWI) 3.32m(NWI) 3.39m(NWI)			
5	305 Emery, Matias	06 Pacific Athletics	3.23m	NWI
	3.23m(NWI) 2.83m(NWI) 2.93m(NWI)			
6	91 Bourque, Matthew	06 Cowichan Val	3.20m	NWI
	3.08m(NWI) 2.81m(NWI) 3.20m(NWI)			
7	396 Nardi, Andrew	06 Victoria Tra	3.19m	NWI
	FOUL 3.17m(NWI) 3.19m(NWI)			
8	261 Therrien, Sacha	06 Nanaimo & DI	3.18m	NWI
	3.18m(NWI) 2.82m(NWI) FOUL			

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....Boys 11 Year Olds Long Jump

8	117 Goble, Richard	06 Cowichan Val	3.18m	NWI
	3.01m(NWI) 2.94m(NWI) 3.18m(NWI)			
10	290 Schnider, Taylor	06 Oceanside TR	3.13m	NWI
	3.13m(NWI) 2.82m(NWI) 0.03m(NWI)			
11	256 Shurniak, Kynan	06 Nanaimo & DI	3.12m	NWI
	3.12m(NWI) 2.99m(NWI) 2.85m(NWI)			
12	4 Heenan, Aiden	06 Alberni Vall	3.11m	NWI
	2.87m(NWI) FOUL 3.11m(NWI)			
13	123 Irvine, Aj	06 Cowichan Val	3.07m	NWI
	FOUL 2.97m(NWI) 3.07m(NWI)			
14	138 Martin, Nolan	06 Cowichan Val	3.01m	NWI
	2.88m(NWI) 2.89m(NWI) 3.01m(NWI)			
15	58 Ternan, Connor	06 Campbell Riv	2.96m	NWI
	2.96m(NWI) 2.73m(NWI) 2.82m(NWI)			
16	325 Larson, Dillan	06 Peninsula TR	2.86m	NWI
	2.60m(NWI) 2.83m(NWI) 2.86m(NWI)			
17	202 Dueck, Taylor	06 Nanaimo & DI	2.70m	NWI
	2.67m(NWI) 2.62m(NWI) 2.70m(NWI)			
18	134 Macinnes, Coll	06 Cowichan Val	2.42m	NWI
	2.42m(NWI) FOUL FOUL			
19	247 Popkin, Reid	06 Nanaimo & DI	2.34m	NWI
	FOUL 0.03m(NWI) 2.34m(NWI)			
20	201 Dueck, Bryce	06 Nanaimo & DI	2.12m	NWI
	2.12m(NWI) FOUL 1.97m(NWI)			
21	342 Williams, Jennings	06 Powell River	1.59m	NWI
	1.40m(NWI) 1.59m(NWI) 1.52m(NWI)			

Boys 12 Year Olds Long Jump

=====				
	Name	Year Team	Finals	Wind
=====				
1	398 Ward, Kai	05 Victoria Tra	4.16m	NWI
	4.16m(NWI) 4.07m(NWI) 3.93m(NWI)			
2	213 Horvath, Benedek	05 Nanaimo & DI	3.97m	NWI
	3.85m(NWI) 3.91m(NWI) 3.97m(NWI)			
3	234 Moonsamy, Krescyn	05 Nanaimo & DI	3.74m	NWI
	3.73m(NWI) 3.74m(NWI) 3.45m(NWI)			
4	139 Mayer, Evan	05 Cowichan Val	3.69m	NWI
	3.62m(NWI) 3.69m(NWI) 3.62m(NWI)			
5	78 Parker, Haden	05 Comox Valley	3.64m	NWI
	3.64m(NWI) FOUL 3.44m(NWI)			
6	340 Sliwinski, David	05 Powell River	3.58m	NWI
	3.14m(NWI) 3.58m(NWI) FOUL			
7	203 Faa, Ryan	05 Nanaimo & DI	3.57m	NWI
	3.57m(NWI) 3.54m(NWI) 3.40m(NWI)			
8	111 Doehler, Jack	05 Cowichan Val	3.41m	NWI
	3.41m(NWI) 3.30m(NWI) 3.41m(NWI)			
9	272 Watson, Cody	05 Nanaimo & DI	3.30m	NWI
	3.18m(NWI) 2.76m(NWI) 3.30m(NWI)			
10	161 Van Niekerk, Liam	05 Cowichan Val	3.27m	NWI
	3.17m(NWI) 3.27m(NWI) 3.20m(NWI)			
11	133 Lewis, Kaiden	05 Cowichan Val	3.25m	NWI
	3.25m(NWI) 2.82m(NWI) 3.13m(NWI)			
12	291 Spencer-Dahl, Matt	05 Oceanside TR	3.23m	NWI
	2.84m(NWI) 3.01m(NWI) 3.23m(NWI)			

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....Boys 12 Year Olds Long Jump

13	190 Bollinger, Robert	05 Nanaimo & DI	3.22m	NWI
	3.22m(NWI) 2.98m(NWI) 3.13m(NWI)			
14	92 Buckland, Trevin	05 Cowichan Val	3.03m	NWI
	FOUL 2.57m(NWI) 3.03m(NWI)			

Boys 13 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 243 Paris, Nate	04 Nanaimo & DI	4.71m	NWI
4.62m(NWI) 4.71m(NWI) 4.69m(NWI)			
2 273 Watson, Jayden	04 Nanaimo & DI	4.18m	NWI
4.18m(NWI) 4.10m(NWI) 4.15m(NWI)			
3 155 Smid, Shadynn	04 Cowichan Val	4.17m	NWI
3.95m(NWI) 4.17m(NWI) 3.98m(NWI)			
4 212 Henry, Stirling	04 Nanaimo & DI	4.01m	NWI
3.82m(NWI) 3.75m(NWI) 4.01m(NWI)			
5 362 Osakabe-Green, Pat	04 Unattached B	3.93m	NWI
3.45m(NWI) 3.93m(NWI) 3.88m(NWI)			
6 165 Weir, Korbin	04 Cowichan Val	3.92m	NWI
3.43m(NWI) 3.81m(NWI) 3.92m(NWI)			
7 248 Putz, Jake	04 Nanaimo & DI	3.80m	NWI
3.65m(NWI) 3.70m(NWI) 3.80m(NWI)			
8 268 Verleyen, Peirsen	04 Nanaimo & DI	3.67m	NWI
3.52m(NWI) FOUL 3.67m(NWI)			
9 122 Hulton, Will	04 Cowichan Val	3.37m	NWI
3.37m(NWI) 3.25m(NWI) 3.21m(NWI)			
10 87 Beaton, Joshua	04 Cowichan Val	3.36m	NWI
3.36m(NWI) 3.27m(NWI) 3.13m(NWI)			
11 19 Berkey, Rowen	04 Campbell Riv	3.34m	NWI
3.34m(NWI) FOUL 2.82m(NWI)			
12 146 Nijjar, Jeevan	04 Cowichan Val	3.30m	NWI
3.22m(NWI) 3.30m(NWI) 3.12m(NWI)			
13 25 Connor, Patrick	04 Campbell Riv	3.00m	NWI
3.00m(NWI) 2.88m(NWI) 2.80m(NWI)			
14 118 Gregson, Brady	04 Cowichan Val	2.83m	NWI
2.83m(NWI) 2.63m(NWI) 2.31m(NWI)			

Boys 14-15 Long Jump

Name	Year Team	Finals	Wind
1 379 Munro-Kagan, Noah	02 Victoria Spe	5.31m	-1.1
5.29m(-0.1) 5.25m(-1.2) 5.23m(-0.6) 5.31m(-1.1) 5.31m(+0.0) 5.16m(-0.7)			
2 114 Else, Anthony	02 Cowichan Val	5.30m	-0.7
5.12m(+0.0) 5.14m(-1.7) 5.30m(-0.7) FOUL(-0.9) 5.15m(-1.7) FOUL(-0.2)			
3 81 Potts, Liam	03 Comox Valley	5.17m	-0.2
4.91m(-1.0) 5.07m(-0.4) 4.99m(-0.2) 5.17m(-0.2) 4.80m(-1.0) FOUL			
4 384 Pryma, Nico	02 Victoria Spe	5.03m	-0.7
4.75m(-0.2) 4.82m(-0.3) 4.49m(-1.4) 4.74m(-1.4) 4.70m(-0.8) 5.03m(-0.7)			
4 318 Hilton, Matteo	02 Peninsula TR	5.03m	+0.0
5.03m(+0.0) FOUL(-1.7) 4.75m(-2.3) 4.73m(-1.7) 4.47m(-1.6) 4.11m(-0.6)			
6 300 Ballinger, Simon	03 Pacific Athletics	4.74m	+0.0
4.46m(+0.0) 4.60m(-0.6) 4.49m(-0.6) 4.66m(-1.7) 4.74m(+0.0) 4.61m(-1.9)			

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....Boys 14-15 Long Jump

7	352 Gardner, Korin	03 Unattached B	4.39m	+0.0
	4.39m(+0.0) 4.29m(-0.5) 4.14m(-1.3) 4.02m(-1.0) 3.71m(-1.4) 4.11m(+0.0)			
8	76 Negenman, Josh	03 Comox Valley	4.10m	-1.3
	3.70m(0.6) 3.55m(-0.6) 3.72m(+0.0) 3.80m(-1.0) 3.53m(1.6) 4.10m(-1.3)			

Boys 13 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 273 Watson, Jayden	04 Nanaimo & DI	9.64m	1.5
x 9.64m(1.5) 5.57m(0.7)			
2 227 Martin, Ben	04 Nanaimo & DI	8.78m	1.1
8.78m(1.1) 8.42m(1.2) 8.61m(-0.3)			
3 391 Fawkes, Railay	04 Victoria Tra	8.72m	0.2
x 8.34m(1.5) 8.72m(0.2)			

Boys 14-15 Triple Jump

Name	Year Team	Finals	Wind
1 81 Potts, Liam	03 Comox Valley	10.52m	-0.5
10.50m(-1.1) 10.44m(-1.3) 10.48m(-1.9) FOUL		FOUL(-0.5)	10.52m(-0.5)

Boys 9 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 131 Lenarcic, Jackson	08 Cowichan Val	5.25m
FOUL 5.25m 5.02m		
2 244 Park, Brody	08 Nanaimo & DI	5.10m
4.95m 5.10m 5.04m		
3 277 Work, Grady	08 Nanaimo & DI	4.62m
3.88m 4.51m 4.62m		
4 324 Laperriere, Zachar	08 Peninsula TR	4.56m
4.03m 4.25m 4.56m		
5 149 Rademaker, Jake	08 Cowichan Val	4.03m
3.77m 4.03m 3.57m		
6 83 Smits, Walker	08 Comox Valley	3.77m
FOUL FOUL 3.77m		
7 157 Titone, Elliott	08 Cowichan Val	3.30m
3.30m 3.06m 3.29m		

Boys 10 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 286 Harvey, Emerson	07 Oceanside TR	6.37m
6.19m 6.25m 6.37m		
2 144 Miller, Seth	07 Cowichan Val	6.04m
5.57m 6.04m 6.02m		
3 148 Prest, Luke	07 Cowichan Val	5.80m
5.32m 5.80m 5.59m		
4 11 Symington, Gavin	07 Alberni Vall	5.74m
5.69m 5.18m 5.74m		

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....Boys 10 Year Olds Shot Put 2 kg

5	215 Hosler, Elliot	07 Nanaimo & DI	5.73m
	5.08m 5.25m 5.73m		
6	355 Harbo, Owen	07 Unattached B	5.70m
	4.93m 5.30m 5.70m		
7	40 Konkle-Skuse, Ryle	07 Campbell Riv	5.69m
	5.31m 5.17m 5.69m		
8	49 Nohr, Corbyn	07 Campbell Riv	5.67m
	FOUL 5.67m 4.67m		
9	50 Nohr, Rylan	07 Campbell Riv	5.38m
	5.14m 5.38m 5.23m		
10	255 Shurniak, Hunter	07 Nanaimo & DI	5.26m
	FOUL 4.93m 5.26m		
11	55 Siah, Khayam	07 Campbell Riv	4.93m
	4.49m 4.93m FOUL		
12	206 Ford, Torin	07 Nanaimo & DI	4.70m
	FOUL 3.75m 4.70m		
13	23 Chatterton, Gavin	07 Campbell Riv	4.68m
	4.68m 4.65m 4.35m		
14	20 Berkey, Shea	07 Campbell Riv	4.65m
	4.65m FOUL 3.93m		
15	292 Spencer-Dahl, Trev	07 Oceanside TR	4.60m
	4.41m 4.55m 4.60m		
16	93 Buttle, Tahlon	07 Cowichan Val	4.29m
	4.29m 3.66m FOUL		
17	281 Butterworth, Cody	07 Oceanside TR	4.15m
	3.79m 3.85m 4.15m		

Boys 11 Year Olds Shot Put 2 kg

=====			
	Name	Year Team	Finals
=====			
1	150 Rademaker, Logan	06 Cowichan Val	6.51m
	5.86m 6.51m		
2	117 Goble, Richard	06 Cowichan Val	6.50m
	5.79m 6.18m 6.50m		
3	141 McKenzie-Kissinger	06 Cowichan Val	6.14m
	5.97m 5.28m 6.14m		
4	261 Therrien, Sacha	06 Nanaimo & DI	6.11m
	5.99m 6.11m		
5	123 Irvine, Aj	06 Cowichan Val	6.10m
	5.47m 6.10m		
6	97 Cizeron, Gray	06 Cowichan Val	5.93m
	5.93m 5.83m 5.73m		
7	134 Macinnes, Coll	06 Cowichan Val	5.25m
	5.17m 4.79m 5.25m		
8	325 Larson, Dillan	06 Peninsula TR	4.95m
	4.92m 4.94m 4.95m		
9	331 Thickens, Foster	06 Peninsula TR	4.79m
	4.79m 4.06m 4.60m		
10	256 Shurniak, Kynan	06 Nanaimo & DI	4.77m
	4.77m 4.32m 4.67m		
11	202 Dueck, Taylor	06 Nanaimo & DI	4.66m
	4.01m 4.43m 4.66m		
12	342 Williams, Jennings	06 Powell River	4.20m
	4.20m 3.57m		

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Boys 12 Year Olds Shot Put 3 kg

Name	Year Team	Finals
1 168 Whitney, Jack 5.92m 6.19m 7.03m	05 Cowichan Val	7.03m
2 139 Mayer, Evan 6.90m 6.73m 6.76m	05 Cowichan Val	6.90m
3 46 Milne, Lucas 6.54m 6.85m 6.87m	05 Campbell Riv	6.87m
4 213 Horvath, Benedek 5.38m 6.24m FOUL	05 Nanaimo & DI	6.24m
5 133 Lewis, Kaiden 5.50m 5.35m 6.18m	05 Cowichan Val	6.18m
6 111 Doehler, Jack 5.56m 5.24m 5.90m	05 Cowichan Val	5.90m
6 214 Hosler, Dylan 5.56m 5.90m 5.78m	05 Nanaimo & DI	5.90m
8 320 Jensen, Dorian 4.79m 5.07m 5.86m	05 Peninsula TR	5.86m
9 161 Van Niekerk, Liam 5.49m 5.66m 5.36m	05 Cowichan Val	5.66m
10 110 Dilalla, Judah 5.27m 5.40m 5.06m	05 Cowichan Val	5.40m
11 344 Williams, Xzavier 4.94m 5.38m FOUL	05 Powell River	5.38m
12 195 Croome, Zachary 5.28m 5.16m FOUL	05 Nanaimo & DI	5.28m
13 159 Titone, Samuel 4.61m 4.71m 4.97m	05 Cowichan Val	4.97m
14 135 Maher, Evan 4.23m 4.90m FOUL	05 Cowichan Val	4.90m
15 119 Gregson, Connor 4.39m FOUL 4.17m	05 Cowichan Val	4.39m

Boys 13 Year Olds Shot Put 3 kg

Name	Year Team	Finals
1 348 Andulajevic, Mason 9.48m 9.41m 9.56m	04 Unattached B	9.56m
2 393 Gatensby, Sean 8.13m 8.55m 8.45m	04 Victoria Tra	8.55m
3 333 Baron, Cole 8.50m 8.36m FOUL	04 Powell River	8.50m
4 243 Paris, Nate 8.31m 7.93m 7.85m	04 Nanaimo & DI	8.31m
5 362 Osakabe-Green, Pat 6.62m 6.78m 7.88m	04 Unattached B	7.88m
6 248 Putz, Jake 7.24m 7.72m 7.40m	04 Nanaimo & DI	7.72m
7 328 Schandl, Aiden 7.20m 7.21m 7.40m	04 Peninsula TR	7.40m
8 118 Gregson, Brady 6.23m 6.23m 6.60m	04 Cowichan Val	6.60m
9 288 Morrison, Samuel 5.45m 6.21m 6.03m	04 Oceanside TR	6.21m

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....Boys 13 Year Olds Shot Put 3 kg

10	25 Connor, Patrick	04 Campbell Riv	5.50m
	5.20m 5.38m 5.50m		
11	109 Dilalla, Ben	04 Cowichan Val	5.34m
	4.93m 5.34m 5.09m		

Boys 14-15 Shot Put 4 kg

Name	Year Team	Finals
1 114 Else, Anthony	02 Cowichan Val	13.01m
	11.93m 12.23m 11.77m 11.92m 12.72m 13.01m	
2 71 Julien, Alex	02 Comox Valley	12.35m
	12.25m 11.62m 11.93m 11.44m 12.35m 12.00m	
3 53 Perras, Trent	03 Campbell Riv	8.17m
	FOUL FOUL 7.87m 7.58m 8.04m 8.17m	

Boys 10 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 11 Symington, Gavin	07 Alberni Vall	14.88m
	14.88m FOUL FOUL	
2 40 Konkle-Skuse, Ryle	07 Campbell Riv	14.56m
	13.03m 13.54m 14.56m	
3 148 Prest, Luke	07 Cowichan Val	10.60m
	10.60m 9.98m 9.79m	
4 20 Berkey, Shea	07 Campbell Riv	10.44m
	8.46m 10.44m 9.02m	
5 121 Hulton, Ben	07 Cowichan Val	10.20m
	9.64m FOUL 10.20m	
6 59 Ternan, Kyle	07 Campbell Riv	9.68m
	FOUL 9.68m FOUL	
7 292 Spencer-Dahl, Trev	07 Oceanside TR	9.25m
	8.28m 9.25m FOUL	
8 281 Butterworth, Cody	07 Oceanside TR	8.32m
	FOUL 8.32m 8.12m	
9 23 Chatterton, Gavin	07 Campbell Riv	8.20m
	FOUL 8.20m 8.16m	
10 255 Shurniak, Hunter	07 Nanaimo & DI	8.18m
	8.18m 7.86m 8.15m	

Boys 11 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 58 Ternan, Connor	06 Campbell Riv	17.10m
	12.75m 17.10m 13.71m	
2 91 Bourque, Matthew	06 Cowichan Val	16.54m
	16.54m FOUL 14.23m	
3 117 Goble, Richard	06 Cowichan Val	15.07m
	15.07m 11.51m FOUL	
4 256 Shurniak, Kynan	06 Nanaimo & DI	14.99m
	14.99m 12.93m 13.35m	
5 247 Popkin, Reid	06 Nanaimo & DI	14.01m
	14.01m 13.38m 13.74m	

2017 Garriock Meet
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....Boys 11 Year Olds Discus Throw 750 g

6	202 Dueck, Taylor	06 Nanaimo & DI	13.29m
	9.65m 12.47m 13.29m		
7	201 Dueck, Bryce	06 Nanaimo & DI	12.59m
	11.44m 10.85m 12.59m		
8	97 Cizeron, Gray	06 Cowichan Val	12.14m
	10.98m 11.69m 12.14m		
9	138 Martin, Nolan	06 Cowichan Val	11.68m
	9.71m 11.30m 11.68m		
10	134 Macinnes, Coll	06 Cowichan Val	11.55m
	FOUL 11.55m FOUL		
11	137 Martin, Jackson	06 Cowichan Val	10.15m
	FOUL FOUL 10.15m		

Boys 12 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 46 Milne, Lucas	05 Campbell Riv	19.77m
	FOUL 14.69m 19.77m	
2 241 Parcher, Gill	05 Nanaimo & DI	18.53m
	18.53m 15.88m 16.19m	
3 139 Mayer, Evan	05 Cowichan Val	18.45m
	16.18m 17.16m 18.45m	
4 259 Strauss, Bryn	05 Nanaimo & DI	17.90m
	FOUL 17.90m FOUL	
5 195 Croome, Zachary	05 Nanaimo & DI	17.24m
	17.24m FOUL FOUL	
6 234 Moonsamy, Krescyn	05 Nanaimo & DI	17.17m
	16.36m 16.19m 17.17m	
7 190 Bollinger, Robert	05 Nanaimo & DI	16.67m
	12.93m 16.67m FOUL	
8 159 Titone, Samuel	05 Cowichan Val	16.02m
	16.02m 14.09m 14.18m	
9 111 Doehler, Jack	05 Cowichan Val	14.95m
	14.85m 14.95m 13.97m	
10 168 Whitney, Jack	05 Cowichan Val	14.74m
	12.47m 13.12m 14.74m	
11 135 Maher, Evan	05 Cowichan Val	13.60m
	11.58m 13.60m 11.79m	
12 161 Van Niekerk, Liam	05 Cowichan Val	13.50m
	12.49m 12.58m 13.50m	
13 291 Spencer-Dahl, Matt	05 Oceanside TR	13.24m
	13.24m FOUL 12.98m	
14 92 Buckland, Trevin	05 Cowichan Val	13.02m
	10.41m FOUL 13.02m	
15 320 Jensen, Dorian	05 Peninsula TR	12.40m
	12.40m FOUL FOUL	
16 38 Idiens, Joel	05 Campbell Riv	12.29m
	FOUL 11.44m 12.29m	
17 199 Dominelli, Miko	05 Nanaimo & DI	11.75m
	11.75m FOUL 9.52m	
18 340 Sliwinski, David	05 Powell River	11.09m
	11.09m FOUL FOUL	
19 119 Gregson, Connor	05 Cowichan Val	10.38m
	10.38m 10.17m 9.74m	

**2017 Garriock Meet
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....Boys 12 Year Olds Discus Throw 1 kg

20	133 Lewis, Kaiden	05 Cowichan Val	10.10m
	7.74m 10.10m 9.26m		
21	35 Hartford, Jonah	05 Campbell Riv	7.63m
	FOUL 7.63m 7.53m		

Boys 13 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 393 Gatensby, Sean	04 Victoria Tra	26.18m
20.43m 23.92m 26.18m		
2 348 Andulajevic, Mason	04 Unattached B	22.19m
21.65m 22.05m 22.19m		
3 328 Schandl, Aiden	04 Peninsula TR	19.09m
17.80m 17.68m 19.09m		
4 288 Morrison, Samuel	04 Oceanside TR	18.73m
16.84m 14.94m 18.73m		
5 101 Dailey, Graeme	04 Cowichan Val	16.85m
16.85m 15.47m 14.80m		
6 19 Berkey, Rowen	04 Campbell Riv	16.61m
12.81m 16.61m 12.57m		
7 122 Hulton, Will	04 Cowichan Val	14.59m
FOUL 13.37m 14.59m		
8 118 Gregson, Brady	04 Cowichan Val	13.68m
13.48m 10.02m 13.68m		
9 25 Connor, Patrick	04 Campbell Riv	13.49m
13.09m 12.62m 13.49m		

Boys 14-15 Discus Throw 1 kg

Name	Year Team	Finals
1 27 Dirom, Luke	03 Campbell Riv	35.22m
FOUL 28.05m 32.04m 35.22m FOUL 33.80m		
2 53 Perras, Trent	03 Campbell Riv	35.11m
32.59m 33.66m 34.20m 35.11m 34.41m 30.64m		
3 34 Hall, Fergus	02 Campbell Riv	32.48m
27.03m FOUL 32.48m 32.38m 31.18m 30.18m		
4 114 Else, Anthony	02 Cowichan Val	32.30m
27.59m 32.11m 30.63m FOUL 30.19m 32.30m		

Boys 12 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 46 Milne, Lucas	05 Campbell Riv	19.58m
17.50m FOUL 19.58m		
2 168 Whitney, Jack	05 Cowichan Val	15.53m
FOUL FOUL 15.53m		
3 133 Lewis, Kaiden	05 Cowichan Val	15.34m
12.33m 12.63m 15.34m		
4 214 Hosler, Dylan	05 Nanaimo & DI	15.21m
11.80m 13.18m 15.21m		
5 199 Dominelli, Miko	05 Nanaimo & DI	13.81m
11.86m 13.81m 13.27m		

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....Boys 12 Year Olds Hammer Throw 3 kg

6	164 Wedmann-Kent, Quin	05 Cowichan Val	13.50m
	10.49m 13.50m 8.99m		
7	139 Mayer, Evan	05 Cowichan Val	12.33m
	FOUL 10.82m 12.33m		
8	320 Jensen, Dorian	05 Peninsula TR	11.94m
	11.13m 11.80m 11.94m		
9	111 Doehler, Jack	05 Cowichan Val	11.75m
	FOUL 11.75m FOUL		
10	272 Watson, Cody	05 Nanaimo & DI	11.51m
	8.86m 9.94m 11.51m		
11	159 Titone, Samuel	05 Cowichan Val	11.26m
	11.26m 11.12m 10.57m		
12	340 Sliwinski, David	05 Powell River	11.22m
	FOUL FOUL 11.22m		
13	259 Strauss, Bryn	05 Nanaimo & DI	10.35m
	10.35m 9.66m FOUL		
14	135 Maher, Evan	05 Cowichan Val	10.02m
	10.02m 9.95m 9.31m		
15	119 Gregson, Connor	05 Cowichan Val	9.67m
	9.59m 9.59m 9.67m		

Boys 13 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 393 Gatensby, Sean	04 Victoria Tra	22.88m
	17.46m FOUL 22.88m	
2 348 Andulajevic, Mason	04 Unattached B	20.98m
	20.98m 19.25m x	
3 333 Baron, Cole	04 Powell River	18.12m
	FOUL 18.12m FOUL	
4 227 Martin, Ben	04 Nanaimo & DI	18.09m
	17.76m 18.09m 17.50m	
5 248 Putz, Jake	04 Nanaimo & DI	17.45m
	FOUL 15.88m 17.45m	
6 288 Morrison, Samuel	04 Oceanside TR	14.76m
	14.76m 14.45m 14.24m	
7 101 Dailey, Graeme	04 Cowichan Val	14.47m
	14.47m 14.30m 14.34m	
8 109 Dilalla, Ben	04 Cowichan Val	12.63m
	FOUL 12.63m FOUL	
9 118 Gregson, Brady	04 Cowichan Val	7.94m
	FOUL FOUL 7.94m	

Boys 14-15 Hammer Throw 4 kg

Name	Year Team	Finals
1 219 Katzberg, Ethan	02 Nanaimo & DI	51.15m
	49.88m 48.32m 51.15m FOUL FOUL FOUL	
2 53 Perras, Trent	03 Campbell Riv	33.29m
	29.26m 29.28m FOUL FOUL 29.98m 33.29m	
3 114 Else, Anthony	02 Cowichan Val	24.92m
	FOUL 22.51m 24.92m	

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....Boys 14-15 Hammer Throw 4 kg

4 6 McKean, Jackson 03 Alberni Vall 20.10m
 20.10m 19.62m 19.80m 20.02m 18.92m 19.28m

Boys 10 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 239 O'Hara, Niall	07 Nanaimo & DI	16.87m
15.42m 16.67m 16.87m		
2 20 Berkey, Shea	07 Campbell Riv	16.17m
16.17m 13.68m 13.49m		
3 11 Symington, Gavin	07 Alberni Vall	15.72m
11.99m 13.07m 15.72m		
4 169 Woernle, Georg	07 Cowichan Val	15.44m
15.44m FOUL FOUL		
5 255 Shurniak, Hunter	07 Nanaimo & DI	14.99m
14.99m FOUL FOUL		
6 286 Harvey, Emerson	07 Oceanside TR	14.71m
10.75m 14.71m 12.20m		
7 355 Harbo, Owen	07 Unattached B	12.42m
7.77m 12.42m 10.73m		
8 40 Konkle-Skuse, Ryle	07 Campbell Riv	12.36m
12.36m FOUL 11.89m		
9 292 Spencer-Dahl, Trev	07 Oceanside TR	12.15m
9.14m FOUL 12.15m		
10 148 Prest, Luke	07 Cowichan Val	11.98m
11.98m 9.87m 9.99m		
11 206 Ford, Torin	07 Nanaimo & DI	11.23m
11.23m 10.74m FOUL		
12 55 Siah, Khayam	07 Campbell Riv	11.16m
10.81m 10.88m 11.16m		
13 23 Chatterton, Gavin	07 Campbell Riv	10.91m
10.91m 9.08m 9.84m		
14 59 Ternan, Kyle	07 Campbell Riv	8.99m
6.10m 8.62m 8.99m		
15 281 Butterworth, Cody	07 Oceanside TR	8.95m
8.95m 5.97m FOUL		
16 121 Hulton, Ben	07 Cowichan Val	8.84m
7.84m 8.46m 8.84m		
17 284 Falk, Ronan	07 Oceanside TR	8.18m
8.18m 7.34m FOUL		
18 235 Morris, Axton	07 Nanaimo & DI	4.38m
FOUL 4.38m 4.32m		

Boys 11 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 150 Rademaker, Logan	06 Cowichan Val	22.03m
19.04m 19.76m 22.03m		
2 117 Goble, Richard	06 Cowichan Val	21.18m
20.86m 21.18m 20.27m		
3 91 Bourque, Matthew	06 Cowichan Val	17.40m
13.90m 14.12m 17.40m		

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....Boys 11 Year Olds Javelin Throw 400 g

4	261 Therrien, Sacha	06 Nanaimo & DI	16.78m
	16.72m 15.19m 16.78m		
5	247 Popkin, Reid	06 Nanaimo & DI	16.12m
	16.12m 13.18m 15.49m		
6	231 Menard, Evan	06 Nanaimo & DI	16.10m
	13.64m 14.65m 16.10m		
7	134 Macinnes, Coll	06 Cowichan Val	14.79m
	12.38m 14.54m 14.79m		
8	256 Shurniak, Kynan	06 Nanaimo & DI	14.35m
	10.72m 14.35m 13.70m		
9	58 Ternan, Connor	06 Campbell Riv	14.17m
	14.17m 9.19m 10.69m		
10	97 Cizeron, Gray	06 Cowichan Val	13.34m
	12.15m 13.04m 13.34m		
11	123 Irvine, Aj	06 Cowichan Val	12.93m
	FOUL 10.76m 12.93m		
12	138 Martin, Nolan	06 Cowichan Val	12.11m
	12.11m FOUL FOUL		
13	201 Dueck, Bryce	06 Nanaimo & DI	11.08m
	11.08m FOUL 10.28m		
14	325 Larson, Dillan	06 Peninsula TR	11.04m
	11.02m 10.87m 11.04m		
15	331 Thickens, Foster	06 Peninsula TR	9.81m
	8.72m 9.81m FOUL		
16	290 Schnider, Taylor	06 Oceanside TR	6.63m
	6.21m 6.63m 5.98m		

Boys 12 Year Olds Javelin Throw 500 g

Name	Year Team	Finals
1 139 Mayer, Evan	05 Cowichan Val	24.96m
		22.51m 24.96m 24.04m
2 199 Dominelli, Miko	05 Nanaimo & DI	20.74m
		20.74m 18.73m 19.43m
3 168 Whitney, Jack	05 Cowichan Val	19.68m
		18.20m 19.68m 17.72m
4 241 Parcher, Gill	05 Nanaimo & DI	19.54m
		19.54m 17.78m 17.21m
5 159 Titone, Samuel	05 Cowichan Val	19.38m
		19.38m 17.22m 17.80m
6 272 Watson, Cody	05 Nanaimo & DI	18.70m
		17.20m 18.70m 16.95m
7 78 Parker, Haden	05 Comox Valley	18.03m
		FOUL FOUL 18.03m
8 213 Horvath, Benedek	05 Nanaimo & DI	17.80m
		15.84m FOUL 17.80m
9 46 Milne, Lucas	05 Campbell Riv	17.02m
		17.02m FOUL FOUL
10 133 Lewis, Kaiden	05 Cowichan Val	16.64m
		13.04m 15.64m 16.64m
11 92 Buckland, Trevin	05 Cowichan Val	16.33m
		16.33m 14.75m 15.35m
12 195 Croome, Zachary	05 Nanaimo & DI	15.07m
		11.32m 13.35m 15.07m

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....Boys 12 Year Olds Javelin Throw 500 g

13	234 Moonsamy, Krescyn	05 Nanaimo & DI	15.03m
	FOUL 15.03m 14.34m		
14	259 Strauss, Bryn	05 Nanaimo & DI	14.11m
	FOUL 14.11m 13.23m		
15	291 Spencer-Dahl, Matt	05 Oceanside TR	13.36m
	12.69m 13.36m 12.77m		
16	35 Hartford, Jonah	05 Campbell Riv	13.32m
	12.86m 11.72m 13.32m		
17	164 Wedmann-Kent, Quin	05 Cowichan Val	11.94m
	10.20m 11.00m 11.94m		
18	344 Williams, Xzavier	05 Powell River	11.57m
	10.59m 11.57m 11.10m		
19	135 Maher, Evan	05 Cowichan Val	11.10m
	11.10m FOUL 10.69m		

Boys 13 Year Olds Javelin Throw 500 g

Name	Year Team	Finals
1 328 Schandl, Aiden	04 Peninsula TR	25.14m
		25.14m 23.32m 23.77m
2 362 Osakabe-Green, Pat	04 Unattached B	23.84m
		13.56m 17.65m 23.84m
3 243 Paris, Nate	04 Nanaimo & DI	21.76m
		18.13m 18.06m 21.76m
4 333 Baron, Cole	04 Powell River	20.85m
		20.85m 18.03m 19.85m
5 87 Beaton, Joshua	04 Cowichan Val	20.33m
		19.89m 20.33m 19.69m
6 146 Nijjar, Jeevan	04 Cowichan Val	20.06m
		20.06m 17.88m 15.85m
6 101 Dailey, Graeme	04 Cowichan Val	20.06m
		20.06m 17.91m 19.69m
8 115 Etherington, Grady	04 Cowichan Val	19.78m
		19.78m 17.98m 16.90m
9 393 Gatensby, Sean	04 Victoria Tra	19.45m
		17.61m 19.45m 16.15m
10 24 Christiansen-Barke	04 Campbell Riv	19.15m
		18.22m 19.15m 15.90m
11 165 Weir, Korbin	04 Cowichan Val	19.00m
		16.85m 16.37m 19.00m
12 160 Van Der Linden, Sp	04 Cowichan Val	18.27m
		18.27m FOUL 15.75m
13 118 Gregson, Brady	04 Cowichan Val	18.20m
		18.20m FOUL 17.43m
14 288 Morrison, Samuel	04 Oceanside TR	17.01m
		17.01m 15.82m 16.64m
15 122 Hulton, Will	04 Cowichan Val	14.91m
		14.13m 11.92m 14.91m
16 25 Connor, Patrick	04 Campbell Riv	11.07m
		FOUL 10.66m 11.07m

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Boys 14-15 Javelin Throw 600 g

Name	Year Team	Finals
1 71 Julien, Alex	02 Comox Valley	47.77m
43.47m 47.77m 41.47m 42.60m 44.90m 39.23m		
2 27 Dirom, Luke	03 Campbell Riv	37.96m
37.96m 29.58m 33.36m 34.61m 30.87m 31.29m		
3 318 Hilton, Matteo	02 Peninsula TR	33.42m
FOUL 30.82m 32.54m 32.08m 33.22m 33.42m		
4 114 Else, Anthony	02 Cowichan Val	32.74m
31.88m 32.74m 31.20m 31.51m 30.40m 29.75m		
5 6 McKean, Jackson	03 Alberni Vall	30.98m
27.01m 29.36m FOUL 30.98m 28.21m FOUL		
6 76 Negenman, Josh	03 Comox Valley	25.27m
21.59m 25.27m 22.23m 20.44m 20.25m 17.78m		
7 300 Ballinger, Simon	03 Pacific Athletics	24.77m
15.35m 24.77m 22.00m 19.86m FOUL 23.75m		
8 308 Kirkendale, Liam	03 Pacific Athletics	24.26m
24.26m 21.62m 20.54m 22.09m 21.46m 23.51m		

Boys 10 800 Meter Race Walk

Name	Year Team	Finals
1 286 Harvey, Emerson	07 Oceanside TR	5:07.44
2 49 Nohr, Corbyn	07 Campbell Riv	5:58.46
3 281 Butterworth, Cody	07 Oceanside TR	6:40.86

Boys 12 800 Meter Race Walk

Name	Year Team	Finals
1 135 Maher, Evan	05 Cowichan Val	6:53.57

Boys 13 1500 Meter Race Walk

Name	Year Team	Finals
1 288 Morrison, Samuel	04 Oceanside TR	12:56.44

Men 16-17 100 Meter Dash

Name	Year Team	Finals	Wind H#
1 283 Dodd, Gabriel	00 Oceanside TR	12.00	-1.8 2
2 387 Sammons, Benjamin	00 Victoria Spe	12.06	-1.8 2
3 381 O'Neill, Connor	01 Victoria Spe	12.29	-2.5 1
4 250 Rasmussen, Steen	00 Nanaimo & DI	12.33	-1.8 2
5 262 Toth, Ben	01 Nanaimo & DI	12.42	-2.5 1

Men 18-19 100 Meter Dash

Name	Year Team	Finals	Wind H#
1 376 Johnson, David	99 Victoria Spe	12.22	-1.8 2
2 386 Saldyga, Oleg	99 Victoria Spe	12.50	-1.8 2

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....Men 18-19 100 Meter Dash

3	389 Coell, Tyler	98 Victoria Tra	12.81	-1.8	2
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Men 20-34 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 382 Peleshaty, Chase	91 Victoria Spe	11.69	-1.8	2

Men 65-69 100 Meter Dash

Name	Year Team	Finals	Wind
1 200 Donaldson, Sven	49 Nanaimo & DI	17.22	-2.5

Men 70-74 100 Meter Dash

Name	Year Team	Finals	Wind
1 346 Wahlsten, Douglas	43 Salt Spring	16.87	-2.5

Men 75-79 100 Meter Dash

Name	Year Team	Finals	Wind
1 366 Thompson, Lynn	39 Unattached B	17.33	-2.5

Men 85-89 100 Meter Dash

Name	Year Team	Finals	Wind
1 207 Giegerich, Joe	32 Nanaimo & DI	21.45	-2.5

Men 16-17 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 387 Sammons, Benjamin	00 Victoria Spe	23.41	2.4	2
2 381 O'Neill, Connor	01 Victoria Spe	23.77	0.6	1
3 375 Furtado, Blake	01 Victoria Spe	24.28	0.6	1

Men 18-19 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 376 Johnson, David	99 Victoria Spe	24.18	2.4	2
2 386 Saldyga, Oleg	99 Victoria Spe	24.67	2.4	2
3 389 Coell, Tyler	98 Victoria Tra	26.19	2.4	2
4 154 Seibel, Tristan	99 Cowichan Val	28.32	0.6	1

Men 20-34 200 Meter Dash

Name	Year Team	Finals	Wind
1 368 Winkler, Matthew	88 Unattached B	23.51	0.6
2 156 Summers, Philip	97 Cowichan Val	25.39	0.6

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Men 50-54 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 321 Johnson, Dean	63 Peninsula TR	28.78	2.4	2

Men 70-74 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 346 Wahlsten, Douglas	43 Salt Spring	33.93	2.4	2

Men 75-79 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 366 Thompson, Lynn	39 Unattached B	35.54	2.4	2

Men 16-17 400 Meter Dash

Name	Year Team	Finals
1 381 O'Neill, Connor	01 Victoria Spe	53.22
2 387 Sammons, Benjamin	00 Victoria Spe	54.06
3 262 Toth, Ben	01 Nanaimo & DI	56.19
4 250 Rasmussen, Steen	00 Nanaimo & DI	56.83
5 180 Kaps, Linden	00 Mid Island Distance	57.79

Men 18-19 400 Meter Dash

Name	Year Team	Finals
1 376 Johnson, David	99 Victoria Spe	52.85

Men 20-34 400 Meter Dash

Name	Year Team	Finals
1 382 Peleshaty, Chase	91 Victoria Spe	53.39

Men 65-69 400 Meter Dash

Name	Year Team	Finals
1 211 Hendrie, Tim	50 Nanaimo & DI	1:32.68

Men 16-17 800 Meter Run

Name	Year Team	Finals
1 179 Isnor, Jackson	00 Mid Island Distance	2:06.71
2 180 Kaps, Linden	00 Mid Island Distance	2:37.56

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Men 18-19 800 Meter Run

Name	Year Team	Finals
1 154 Seibel, Tristan	99 Cowichan Val	2:26.74

Men 20-34 800 Meter Run

Name	Year Team	Finals
1 368 Winkler, Matthew	88 Unattached B	2:00.87
2 403 Irvine, Kyle	90 Unattached B	2:10.69

Men 50-54 800 Meter Run

Name	Year Team	Finals
1 321 Johnson, Dean	63 Peninsula TR	2:47.47

Men 70-74 800 Meter Run

Name	Year Team	Finals
1 252 Riggins, Terry	47 Nanaimo & DI	2:57.27

Men 16-17 1500 Meter Run

Name	Year Team	Finals
1 15 Waite, Isaac	00 Ballenas Secondary	4:54.56
2 14 Hancock, Spencer	00 Ballenas Secondary	5:10.24
3 182 Ponsford, Tyler	01 Mid Island Distance	5:13.22

Men 16-17 3000 Meter Run

Name	Year Team	Finals
1 14 Hancock, Spencer	00 Ballenas Secondary	11:03.02
2 15 Waite, Isaac	00 Ballenas Secondary	11:15.51

Men 70-79 80 Meter Hurdles 8 x 30"

Name	Year Team	Finals	Wind
1 366 Thompson, Lynn	39 Unattached B	19.92	+0.0

Men 80-99 80 Meter Hurdles 8 x 27"

Name	Year Team	Finals	Wind
1 207 Giegerich, Joe	32 Nanaimo & DI	26.75	+0.0

Men 16-17 110 Meter Hurdles 10 x 36"

Name	Year Team	Finals	Wind
1 250 Rasmussen, Steen	00 Nanaimo & DI	17.68	+0.0

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....Men 16-17 110 Meter Hurdles 10 x 36"

2	262 Toth, Ben	01 Nanaimo & DI	19.07	+0.0
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Men 70-79 300 Meter Hurdles 10 x 36"

Name	Year Team	Finals
1 366 Thompson, Lynn	39 Unattached B	1:05.66

Men 16-17 400 Meter Hurdles 10 x 33"

Name	Year Team	Finals
1 387 Sammons, Benjamin	00 Victoria Spe	1:02.60

Men 18-19 400 Meter Hurdles 10 x 36"

Name	Year Team	Finals
1 369 Pratt, Spencer	98 Vancouver OL	59.57

Men 16-17 2000 Meter Steeplechase 36"

Name	Year Team	Finals
1 14 Hancock, Spencer	00 Ballenas Secondary	8:13.30
2 15 Waite, Isaac	00 Ballenas Secondary	8:14.80

Men 18-19 3000 Meter Steeplechase 36"

Name	Year Team	Finals
1 280 Zhao, Andreas	99 Nanaimo & DI	12:32.60

Men 16-17 High Jump

Name	Year Team	Finals
1 250 Rasmussen, Steen	00 Nanaimo & DI	1.50m
	1.40 1.45 1.50	
	O XO XO	

Men 20-34 High Jump

Name	Year Team	Finals
1 330 Smith, Kaelan	97 Peninsula TR	1.80m
	1.65 1.70 1.75 1.80	
	O O XO XO	
1 326 Macewan, Caelan	96 Peninsula TR	1.80m
	1.65 1.70 1.75 1.80	
	O O XO XO	

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Men 65-69 High Jump

Name	Year Team	Finals
1 200 Donaldson, Sven	49 Nanaimo & DI	1.30m
1.25 1.30 1.35		
O XO XXX		
2 211 Hendrie, Tim	50 Nanaimo & DI	0.95m
0.80 0.85 0.90 0.95 1.00		
O O O O XXX		

Men 85-89 High Jump

Name	Year Team	Finals
1 207 Giegerich, Joe	32 Nanaimo & DI	1.00m
0.80 0.85 0.90 0.95 1.00 1.05		
O O O O XO XXX		

Men 13 Pole Vault

Name	Year Team	Finals
1 212 Henry, Stirling	04 Nanaimo & DI	2.00m
1.50 2.00 2.15		
O XO XXX		
2 273 Watson, Jayden	04 Nanaimo & DI	1.85m
1.50 1.70 1.85 2.00		
O O O XXX		

Men 14-15 Pole Vault

Name	Year Team	Finals
1 271 Wakefield, James	03 Nanaimo & DI	2.30m
1.70 1.85 2.00 2.15 2.30 2.45		
O O O O O XXX		

Men 16-17 Pole Vault

Name	Year Team	Finals
1 250 Rasmussen, Steen	00 Nanaimo & DI	2.90m
2.70 2.80 2.90 3.00		
PPP PPP O XXX		

Men 18-19 Pole Vault

Name	Year Team	Finals
1 192 Clare, Jason	98 Nanaimo & DI	4.40m
4.40 4.55		
XO XXX		
2 388 Abrill, Francis (p)	98 Victoria Tra	3.70m
3.70 3.80 3.90		
XO PPP XXX		

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Men 65-69 Pole Vault

Name	Year Team	Finals
1 200 Donaldson, Sven	49 Nanaimo & DI	2.45m
2.00 2.15 2.30 2.45 2.60		
PPP PPP O XO XXX		

Men 80-84 Pole Vault

Name	Year Team	Finals
1 390 Dumas, Gerard	35 Victoria Tra	1.70m
1.50 1.70 1.85		
O XO XXP		

Men 85-89 Pole Vault

Name	Year Team	Finals
1 207 Giegerich, Joe	32 Nanaimo & DI	1.50m
1.50 1.70		
O XXX		

Men 16-17 Long Jump

Name	Year Team	Finals	Wind
1 250 Rasmussen, Steen	00 Nanaimo & DI	5.28m	0.1
5.11m(-1.6) 5.06m(+0.0) 5.28m(0.1) 4.93m(+0.0) 5.14m(1.0) 4.68m(-2.1)			
2 375 Furtado, Blake	01 Victoria Spe	5.20m	+0.0
5.11m(-0.5) FOUL(0.3) 5.20m(+0.0) FOUL(+0.0) FOUL(-2.2) 5.09m(-1.9)			
3 262 Toth, Ben	01 Nanaimo & DI	5.15m	+0.0
4.96m(-0.2) 4.77m(-0.1) 5.15m(+0.0) FOUL(0.9) 4.60m(+0.0) 4.72m(-1.1)			
4 126 Jones, Pierce	01 Cowichan Val	4.67m	-0.3
FOUL(+0.0) FOUL(0.2) 4.51m(0.6) 4.57m(0.3) 4.65m(-0.8) 4.67m(-0.3)			
5 48 Mudie, Zachary	01 Campbell Riv	4.15m	-1.2
4.15m(-1.2) FOUL(-0.2) 4.08m(0.3) 4.06m(+0.0) FOUL(+0.0) 3.95m(-1.3)			

Men 65-69 Long Jump

Name	Year Team	Finals	Wind
1 200 Donaldson, Sven	49 Nanaimo & DI	3.52m	0.4
FOUL(-0.9) FOUL(+0.0) FOUL(+0.0) 3.52m(0.4) 3.06m(-2.9) 3.36m(-0.3)			

Men 75-79 Long Jump

Name	Year Team	Finals	Wind
1 366 Thompson, Lynn	39 Unattached B	3.32m	0.5
3.23m(-0.6) 3.32m(0.5) 3.19m(+0.0) 3.09m(+0.0) 3.26m(-1.4) 3.27m(+0.0)			

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Men 85-89 Long Jump

Name	Year Team	Finals	Wind
1 207 Giegerich, Joe	32 Nanaimo & DI	2.58m	-0.2
2.58m(-0.2) 2.51m(+0.0) 2.46m(+0.0) FOUL(1.1) 2.49m(0.8) 2.53m(-1.2)			

Men 16-17 Triple Jump

Name	Year Team	Finals	Wind
1 375 Furtado, Blake	01 Victoria Spe	11.68m	NWI
FOUL(1.5) FOUL(1.1) FOUL(+0.0) 11.68m(0.9) 11.33m(+0.0) 10.90m(-0.9)			

Men 75-79 Triple Jump

Name	Year Team	Finals	Wind
1 366 Thompson, Lynn	39 Unattached B	7.29m	NWI
6.99m(1.9) 7.25m(0.7) FOUL(2.2) FOUL(+0.0) 7.26m(+0.0) 7.29m(1.3)			

Men 16-17 Shot Put 5 kg

Name	Year Team	Finals
1 262 Toth, Ben	01 Nanaimo & DI	8.84m
8.83m 8.30m 8.84m 8.20m FOUL 8.40m		

Men 35-39 Shot Put 7.26 kg

Name	Year Team	Finals
1 62 Underhill, Wes	82 Campbell Riv	6.58m
6.58m 6.36m FOUL 6.26m 6.24m 6.10m		

Men 40-44 Shot Put 7.26 kg

Name	Year Team	Finals
1 267 Vannini, Phillip	74 Nanaimo & DI	11.69m
11.69m FOUL 11.46m 11.50m 11.25m 11.37m		

Men 45-49 Shot Put 7.26 kg

Name	Year Team	Finals
1 319 Jensen, Carl	72 Peninsula TR	9.56m
9.56m 9.37m 9.12m 9.13m 9.09m 8.97m		

Men 65-69 Shot Put 5 kg

Name	Year Team	Finals
1 200 Donaldson, Sven	49 Nanaimo & DI	7.95m
7.58m 7.69m FOUL 7.70m 7.95m		
2 211 Hendrie, Tim	50 Nanaimo & DI	5.02m
FOUL 5.02m 4.83m 4.72m 4.87m 4.96m		

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Men 70-74 Shot Put 4 kg

Name	Year Team	Finals
1 315 Auvinen, Peter	47 Peninsula TR	9.75m
	9.75m 9.46m 9.10m 9.37m 9.19m 9.24m	

Men 16-17 Discus Throw 1.5 kg

Name	Year Team	Finals
1 283 Dodd, Gabriel	00 Oceanside TR	31.46m
	18.61m 18.07m 18.20m 20.22m 22.39m 31.46m	
2 14 Hancock, Spencer	00 Ballenas Secondary	24.33m
	FOUL 16.71m 22.46m 17.96m 24.33m FOUL	
3 262 Toth, Ben	01 Nanaimo & DI	23.91m
	21.04m 18.71m FOUL 23.91m 19.41m FOUL	
4 48 Mudie, Zachary	01 Campbell Riv	23.87m
	FOUL FOUL 23.87m FOUL 22.27m 22.45m	
5 250 Rasmussen, Steen	00 Nanaimo & DI	23.18m
	17.13m 20.40m FOUL 22.30m 23.18m 23.18m	
6 15 Waite, Isaac	00 Ballenas Secondary	13.15m
	FOUL FOUL 10.61m 13.15m 12.70m 8.11m	

Men 18-19 Discus Throw 1.75 kg

Name	Year Team	Finals
1 365 Szczawinski, Maxwe	98 Unattached B	47.05m
	44.79m 44.90m 47.05m FOUL 43.00m 43.59m	

Men 35-39 Discus Throw 2 kg

Name	Year Team	Finals
1 65 Drummond, Adam	79 Comox Valley	27.67m
	25.60m 24.64m FOUL 20.51m 27.67m FOUL	

Men 40-44 Discus Throw 2 kg

Name	Year Team	Finals
1 267 Vannini, Phillip	74 Nanaimo & DI	39.76m
	FOUL 39.76m FOUL FOUL 35.67m FOUL	

Men 45-49 Discus Throw 2 kg

Name	Year Team	Finals
1 319 Jensen, Carl	72 Peninsula TR	22.36m
	19.04m 19.45m 18.69m 18.21m 19.67m 22.36m	

Men 65-69 Discus Throw 1 kg

Name	Year Team	Finals
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....Men 65-69 Discus Throw 1 kg

1	200 Donaldson, Sven	49 Nanaimo & DI	23.27m
	23.27m 21.03m FOUL FOUL FOUL 18.91m		
2	211 Hendrie, Tim	50 Nanaimo & DI	13.65m
	13.43m FOUL 13.65m FOUL FOUL 12.54m		

Men 70-74 Discus Throw 1 kg

Name	Year Team	Finals
1 347 Foster, Bruce	45 Unattached Alberta	39.46m
	37.01m 31.79m 37.97m 39.17m 38.32m 39.46m	
2 315 Auvinen, Peter	47 Peninsula TR	22.44m
	19.39m 22.44m FOUL 19.79m 21.65m 18.80m	
3 346 Wahlsten, Douglas	43 Salt Spring	18.85m
	FOUL 16.51m 18.85m FOUL FOUL FOUL	

Men 85-89 Discus Throw 1 kg

Name	Year Team	Finals
1 207 Giegerich, Joe	32 Nanaimo & DI	13.22m
	12.89m FOUL FOUL FOUL 12.27m 13.22m	

Men 16-17 Hammer Throw 5 kg

Name	Year Team	Finals
1 48 Mudie, Zachary	01 Campbell Riv	31.74m
	FOUL 26.63m FOUL FOUL FOUL 31.74m	
2 283 Dodd, Gabriel	00 Oceanside TR	25.88m
	FOUL 19.34m 22.42m 24.59m 24.74m 25.88m	
3 14 Hancock, Spencer	00 Ballenas Secondary	25.41m
	FOUL FOUL 25.41m FOUL 23.11m 23.98m	
4 15 Waite, Isaac	00 Ballenas Secondary	20.66m
	FOUL FOUL 16.26m 19.40m FOUL 20.66m	

Men 70-74 Hammer Throw 4 kg

Name	Year Team	Finals
1 315 Auvinen, Peter	47 Peninsula TR	26.40m
	24.92m 24.14m 23.22m 25.82m 25.09m 26.40m	

Men 16-17 Javelin Throw 700 g

Name	Year Team	Finals
1 262 Toth, Ben	01 Nanaimo & DI	43.77m
	39.80m 43.77m 38.87m 43.52m 38.63m 37.25m	
2 283 Dodd, Gabriel	00 Oceanside TR	43.50m
	43.50m 33.63m 33.33m 31.75m FOUL FOUL	
3 14 Hancock, Spencer	00 Ballenas Secondary	35.74m
	27.27m 35.74m FOUL FOUL FOUL 28.30m	
4 48 Mudie, Zachary	01 Campbell Riv	34.16m
	31.67m FOUL FOUL FOUL 33.70m 34.16m	

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....Men 16-17 Javelin Throw 700 g

5	250 Rasmussen, Steen	00 Nanaimo & DI	27.29m
	25.89m 25.47m 20.99m 24.64m 27.29m 23.77m		
6	15 Waite, Isaac	00 Ballenas Secondary	20.64m
	20.14m 20.64m 9.53m 20.37m FOUL FOUL		

Men 60-69 Javelin Throw 600 g

=====			
Name	Year	Team	Finals
=====			
1	200 Donaldson, Sven	49 Nanaimo & DI	22.87m
	17.25m 19.15m 20.60m 22.87m 17.34m FOUL		

Men 70-79 Javelin Throw 500 g

=====			
Name	Year	Team	Finals
=====			
1	315 Auvinen, Peter	47 Peninsula TR	29.12m
	22.26m 28.73m 29.12m 27.75m 27.86m 27.47m		

Men 85-89 Javelin Throw 400 g

=====			
Name	Year	Team	Finals
=====			
1	207 Giegerich, Joe	32 Nanaimo & DI	15.14m
	14.64m 14.67m 13.58m 13.72m 14.76m 15.14m		